## TRINITY + TIMES

Share God's Unconditional Love With Everyone.

From the desk of:

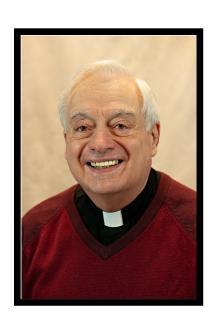
#### The Rev. Nick Lorenzetti

#### Are we in or not?

Dear Loved Parishioners and Friends,

I must confess that my heart hurt when I learned that our church, that is, our people, are not of a mind to attend the Easter Vigil. The Easter Vigil is a solemn liturgy marking the first official celebration of the Resurrection of Jesus. It is truly the most significant and important in the liturgical life of the Episcopal Church. It is the MOST IMPORTANT night for the church. It is often referred to by liturgists as the ultimate night of revival! It's where our "Alleluias" are reborn. At the vigil on Saturday night, we receive new fire, new light, new water, and in churches where there are folks to be baptized, the Episcopal Church rejoices everywhere because of the addition of new members.

One of the complaints I have heard throughout my priesthood is that the Vigil is just too long, and it interferes with all the things we have to get done in preparation for Easter Sunday. The truth is that the Vigil does indeed take time.





The blessing of the new fire, the candlelight procession with the Easter (Paschal) candle, the singing of the ancient "Exultet," the hearing of the story of salvation history leading up to the coming of Jesus, all followed by the singing of Alleluia, the Lord is risen!" While the truth is that it takes time, the question is whether the greatest feast in our faith is a sacrifice one is willing to make.

I truly believe that it is my ministerial duty as your priest to "talk up" and invite you to consider what the Vigil means. My hope and prayer are that we might get at least 20 people to attend. Without your presence, it is a case of the priest and choir being alone in the church, all there to lead no one in worship. I respect St. Augustine, the great church father, who said that it is this night our true identity is celebrated; he says that this is who we are and what we do.

I have never been into the "guilt thing," so please do not take this message as attempting in any way to shame anyone into attending. I ask that you reflect on the message I am sharing, and determine whether you are able and willing to make this sacrifice in thanksgiving for the Resurrection of our Savior. Yes, there is Easter Sunday. The liturgies, however, are not the same.

As previously announced, there is a sign-up sheet in the parish hall where you can add your name as a commitment to attend the Vigil. If we have a sufficient number, we can have at least four readers, an altar server, a thurifer, a eucharistic minister, ushers, someone to build and attend to the fire, and probably some other needs as well. So there is plenty of opportunity to participate. No judgments! No pressure! Just each of you asking if and why you should do this!

Before signing off, I believe this would be a good time to highlight our Holy Week Schedule.

<u>April 13 – Palm Sunday</u> [8 and 10am] Procession with palms indoors or out depending on weather.

<u>April 17 – Holy/Maundy Thursday</u> [7 pm] Focus is on the institution of the Eucharist at the Last Supper and Jesus' Commission given by the washing of the feet.

Through the Evening: Night Vigil

April 18 – Good Friday

10-11:30 am – Led meditation on Jesus' "Seven last words." 12 noon – Good Friday service with Communion April 19 – Holy Saturday [7:30 pm] The Easter Vigil

April 20 – Easter Sunday [8 and 10am]

I would like to close by thanking all of you for your expressions of concern and your prayers during my absence due to illness. I am grateful for feeling well and for having all my strength and energy back.

Yours in priestly ministry,

#### **Nancy Tkacs**

Ginny Day and I are both reading a daily Lent Devotional produced and emailed by the Episcopal Relief and Development group. I hope many of you have found this resource, too! On Tuesday, March 18, they sent a particularly thought-provoking message. A few hours after I opened the email, Ginny forwarded the same email to me, suggesting that this could be a good focus for the Trinity Senior Warden. Thank you, Ginny! I agree! Here are excerpts from the message:

"For many of us, one of the hardest things to see is how much God has given us. This is understandable in a culture dominated by social media selling us every imaginable product alongside messages of scarcity and need. The phone, the car, the vacation: they are enough until, suddenly, they aren't. The same is true of our common life, especially in the church. It is easy to look at larger churches, younger churches and more financially stable churches and wish we had what they have. It's easy to get stuck in the "if only" loop: if only we had an endowment, if only we had young families, if only we had (fill in your wish here). But "if only" isn't really the way of Jesus, is it? Instead, his way is loaves and fishes, shared bread and a common cup. The way of Jesus is cultivating an awareness of our abundance, finding a spirit of gratitude, and then sharing our gifts. Do we have empty spaces? Who is looking for shelter, a welcoming meeting place or a home base for their work with the poor? Do we have retired members? Who in our community needs tutoring, business advice, or mentorship? Do we have a lot of land? Who is looking for a place to grow food for their family or the food pantry? Who needs a green space to allow their children to play freely? Our churches all have a God-given abundance of something.

The question is, are we willing to turn away from the "if only" to envision "what are we called to share"?"

What do you think? I know our Trinity members as talented, generous, thoughtful, loving, and compassionate people. For the remainder of Lent, I ask all of us to prayerfully answer these three questions:

- 1. What do you see as God's most abundant gifts to us?
- 2. How can we best express our gratitude for those gifts?
- 3. With our many gifts, how do you think the Spirit may be moving us, individually and as a community, to share with others?

Dear friends of our "small and mighty" church, as we celebrate Christ's resurrection on Easter Day and beyond, let's envision a season of resurrection at Trinity. May your insights help us build a vision of our church family as God's gift not only to one another but to our Mt. Pocono and Monroe County neighbors!

May God's peace be with you, Nancy

# Reflections by Michael Goodwin



#### Hope in a Hopeless world

"Three Little Words", remember the song with that title, but the three words I am referring to are not those. Easter is all about the three little words "He is Risen". We often sing the hymn "He is Risen, He is Risen, He has burst His bonds in twain", a hymn full of the hope of Easter.

The other day I was trying to count how many times in my lifetime I had sung that hymn. Christs' resurrection has always intrigued me because it is resurrection not resuscitation. Jesus had a different kind of body after His resurrection, he could appear and disappear, apparently at will, among other things. What happened exactly inside the sepulcher that first Easter morning to perform the change?. I think that it was some kind of nuclear event. Well, whatever happened has given hope to all believers, hope in the future, hope in the fact that there is forgiveness, hope that there is something more than our present life on earth.

Christian hope often looks forward to a future fulfillment of God's kingdom—a time when suffering will cease, and creation will be restored. This makes it separate from religious systems that may emphasize hope in achieving personal enlightenment, reincarnation, or union with the divine in the present life. God adds a unique dimension to hope that may differ from more impersonal or abstract concepts of hope in other traditions.

Yes, He is risen and given the whole world hope. "If Christ is not risen, then your faith is in vain"

M.J.G





## NOTES FROM THE WORSHIP COMMITTEE

The worship committee met on Sunday, March 23rd, following the 10:00 am service.

An important discussion was had on establishing a process whereby our music is chosen for worship. It was decided we would have parishioner input as an immediate implementation to begin after Easter Sunday

The committee finalized plans for Holy Week to include:

April 13 - Palm Sunday [8 and 10am] Procession with palms indoors or out depending on weather.

<u>April 17 – Holy/Maundy Thursday</u> [7 pm] Focus is on the institution of the Eucharist a the Last Supper and Jesus' Commission given by the washing of the feet. Through the Evening: NightVigil

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April 20 - Easter Sunday [8 and 10am]

A discussion was had about Sanctuary decor for Easter to include flowers, colors and placement and timing.

#### Happy Easter

#### from the Worship Committee

Worship committee: Father Nick Lorenzetti, Jan Angelmire, Chandanie Baboolal, Louise Daileigh, Barbara DePuy, Dana Garrett, Raymond Faussette, Cindy Hill, Laurie Kitzmiller

#### **Introducing a New Podcast: Sunday Sermons at Trinity**

We've added an exciting new feature to Trinity's website. If you go to the Worship page and scroll down, below the "Recent Services" you will see a selection of Podcasts. These will be Father Nick's sermons, and we will try to get them loaded each week to the website. That way - if you miss a Sunday at church and really want to hear his message, OR if you heard it - but would really love to hear it again - they will be available for you to listen to anytime!

If you're new to Podcasts - it's simply an audio file that you can play over your phone or listen through headsets. There are buttons on the screen that will make it easy to rewind in 15-second increments, if you want to hear something repeated. I have even added a shortcut on the home screen of my phone so that I can easily navigate to the worship page. (I'm happy to help anyone who would like this feature!)

Of course - you can also watch the whole service using the YouTube link on the worship page. But I love podcasts because I can listen while I take a walk or do the dishes or do laundry. This also makes an easy way to share Father Nick's sermons with friends and family members. Why should we be the only ones who hear his wonderful messages?!

So try it out and if you have any questions about it - please don't hesitate to ask me for help.

Happy listening! Dana

#### https://www.trinitymtpocono.org/

Link to the Trinity Episcopal Church Mt. Pocono

Website



## Coming Back to Life

#### Lent Dinner and Devotions

You are warmly invited to participate in the Lenten devotional "Coming Back to Life". We will use a family-friendly program developed by The Salt Project (saltproject.org). You can follow the week-by-week activities on your own, with family members or a group of friends, or join us on Wednesday evenings for a simple dinner and time of readings, reflections, prayer, artwork, and songs. The booklet focuses on the lectionary Gospel readings for Ash Wednesday, Sundays of Lent, Maundy Thursday, Good Friday, and Easter Sunday. The Gospel readings are paired with readings from Genesis as we celebrate the earth coming back to life with the onset of spring.

Our in-person meetings will begin at 5:30 on Wednesdays, with dinner consisting of soup, salad, and bread. Dinner will be followed by the devotional time from 6:15 to 7:00. If you can sign up to provide food, please indicate that on the signup sheet in the parish hall. The dates are March 12, 19, 26, and April 2 and 9. If you plan to follow the program at home, handouts and other materials will be provided beginning on Sunday, March 2<sup>nd</sup>.



# From the Loft



#### **Keeping Time with Trinity**

Dear Trinity members and friends,

On March 30th, we bid a warm farewell to Barbara DePuy, our organist for the past several years. Barb spent the past few months mentoring Raymond Faussette, who has joined us in the choir loft. Raymond has spent the past few months getting better acquainted with our staff, our choir, our members, and our organ and piano.

Now, Raymond, the choir, and the worship committee want to hear from YOU! We use three hymnals at Trinity: The Hymnal 1982 (hardback, blue cover), Wonder Love and Praise (paperback, green cover) and Lift Every Voice and Sing II (LEVAS II, hardback with black and red cover). As we plan music for Sunday worship after Easter, we would like to know which hymnals and hymns you like best. Our church is made up of people with many different tastes in music, and we believe that music in worship needs to have two characteristics:

- 1. It should help the congregation connect with the lectionary readings of the day AND
- 2. It should engage and lead people in song.

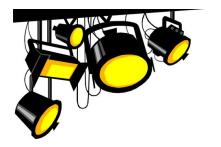
Sometimes, the music will be upbeat, reflecting the joy we feel in the resurrection and love of the Lord and the goodness of God's creation. We want to choose music that the people in the pews like and find singable! After Easter, we will put boards up in the Social Hall for you to add post-it notes listing your favorite hymns from each hymnal. Be on the lookout for some of your favorites to make it into the hymn rotation!

Here are some fun church music quotes from AZ Quotes:

I have always kept one end in view, namely . . . to conduct a well-regulated church music to the honor of God. *Johann Sebastian Bach* 

The most consistent musical experience I had growing up was church music. *Amy* Grant

Classical music only really came into my life in 1969. I wish I had heard classical music and church when I was a teenager or even as a child. *Ian Anderson* 



# Trinity Members Spotlight

#### Peter Gonze's trip to

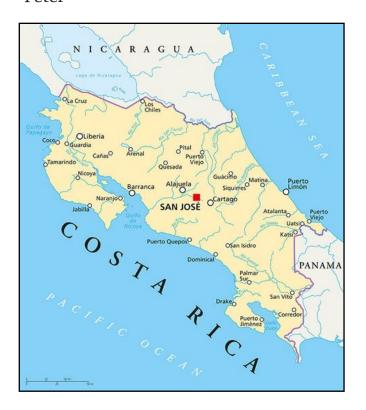
#### Costa Rica

We had a great time and traveled around the country. Still lots more to see and do and we would definitely go back. Great weather, people were friendly and it's a beautiful place. While tourism is their largest industry, the country is not overly touristy! We stayed in wonderful hotels, yes two of them did not have air conditioning but it was all good! If you choose to go there, Arenal and Monteverde are fantastic (and the hotels were air conditioned). All the places were interesting but be prepared for rough roads and slow travel!

Oh, Debbie reminded me that this was not a "photography trip", although I did bring my camera and 3 lenses and a tele converter!!

Enjoy!!

#### Peter





click picture above to view Peter's photos

**Trinity Episcopal Church** 



# Join us on Saturday April 12th.

2:00 pm in the Parish hall to make a

#### Resurrection Garden

- Resurrection Gardens are a lovely way to express yourself during the Easter season.
- Laurie Kitzmiller will walk us through the process, step by step.
- You do not need to have a green thumb or any gardening experience.
- You will need to bring a shallow planting bowl (12 14 inches across at least 4 inches deep) or bring your bowl from last year. All other supplies will be supplied.
- There will be a sign up sheet in the Parish Hall.
- There will be a free will offering with all proceeds going directly to Trinity.



#### **POPCORN & MOVIE MATINEE**



**PLEASE NOTE:** 

## THE MOVIE FOR APRIL HAS BEEN CANCELLED!!!

The next movie will be in May. Date to be announced.

The movie is "CONCLAVE"



https://www.youtube.com/watch?
v=JX9jasdi3ic
(click on link)

Also, please note that a lunch and ice cream will no longer be provided, only popcorn and soda.

Movie start time remains the same,
1:00 pm

You're welcome to bring your own lunch between 12:00 and 1:00. I will still arrive early, 11:00am

Thank you John Vicich





# THE FOOD BANK NEEDS OUR HELP!

There is a table in the parish hall, designated as a collection place for donations to the local food pantry, so capably run by Lorraine Naiko, along with additional parishioners who faithfully engage in this important ministry. We will keep this collection area available each week, so that folks may bring their contributions as they are able.

## We ask that what is given be limited to the following, where there is the greatest need, please no food donations:

Paper goods, such as single roll toilet paper, paper towels, napkins, tissues, paper plates, etc.

Personal Items: **toothbrushes (individually packaged)**, toothpaste, deodorant, shampoo, soap, etc.

Thanks in advance for anything with which you can help, and thanks to those of you who have continually asked, "What can we do?" in the face of ongoing financial cuts to key social needs.





#### The Kitchen Cupboard

by Cindy Hill

#### Slow Cooker Maple-Glazed Pork Loin

Serves 6. Cooking Time: about 4 hours on Low

#### Ingredients

- (4 1/2- to 5-pound) boneless pork loin roast, trimmed and tied at 1-inch intervals
- Salt and pepper
- 2 tablespoons vegetable oil
- 1 onion, minced
- ½ teaspoon ground cinnamon
- 1/4 teaspoon ground cloves
- 1/8 teaspoon cayenne pepper
- 1 cup maple syrup
- ½ cup low-sodium chicken broth

#### Instructions

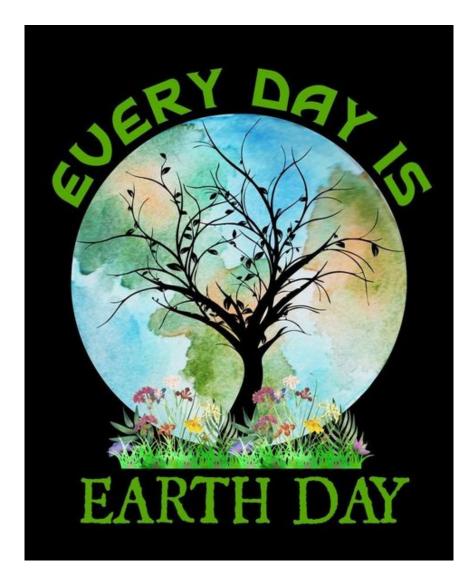
- 1. Dry pork with paper towels and season with salt and pepper. Heat 1 tablespoon oil in 12-inch skillet over medium-high heat until just smoking. Brown pork well on all sides, 7 to 10 minutes; transfer to slow cooker.
- 2. Heat remaining tablespoon oil over medium-high heat until shimmering. Add onion, cinnamon, cloves, and cayenne and cook until the onion is softened and lightly browned, 8 to 10 minutes. Stir in maple syrup and broth, scraping up any browned bits; transfer to slow cooker.
- 3. Cover and cook until pork is tender and registers 140 to 145 degrees on instant-read thermometer, about 4 hours on low.
- 4. Transfer pork to cutting board, tent loosely with aluminum foil, and let rest for 10 minutes. Let braising liquid settle for 5 minutes, then remove fat from surface using a large spoon. Transfer braising liquid to saucepan and simmer until reduced to 1 ¼ cups, about 15 minutes. Season with salt and pepper to taste.
- 5. Remove twine from pork, slice into ½-inch-thick slices, and arrange on serving platter. Spoon 1 cup sauce over meat and serve with remaining sauce.

#### **Notes**

- 1. I have skipped tying the pork loin at 1-inch intervals with good results.
- 2. Cornbread casserole is an excellent side for this dish.
- 3. This is delicious and worth the extra steps in this recipe.

## Earth Day

April 22, 2025



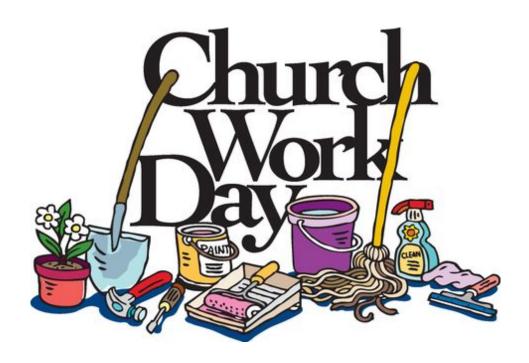
#### https://www.youtube.com/watch?

click on link above speakers up!



## Saturday April 5th is Spring Clean-up Day at Trinity!

Bring your yard working tools and pitch in for an hour or for the day. Our Building and Grounds leader, Dan Harris will lead the way!



Many hands make light work.

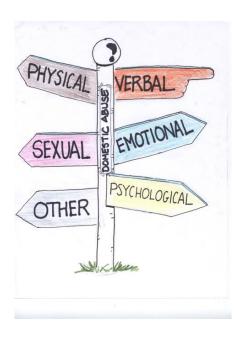


## April is Sexual Assault Awareness Month



To learn more, click the link below

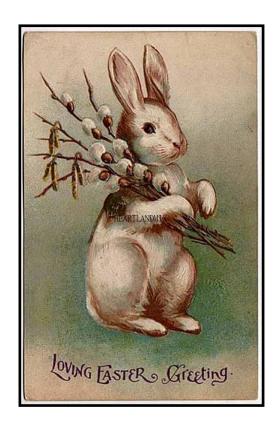
https://www.nsvrc.org/saam





#### The Trinity Times is YOUR newsletter and we need your help!

We are looking for volunteers to contribute to our monthly publication. Do you like to read? Share a book review. Did you take a trip? Share your photos. Do you like to write? Share a poem or a short story. Do you have a hobby? What would you like to see in our newsletter? What interests you? Contribute occasionally or create a monthly feature!



Please send your entries and ideas to

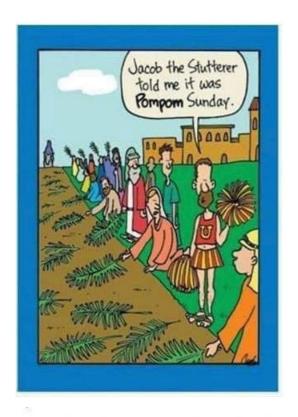
Laurie Kitzmiller

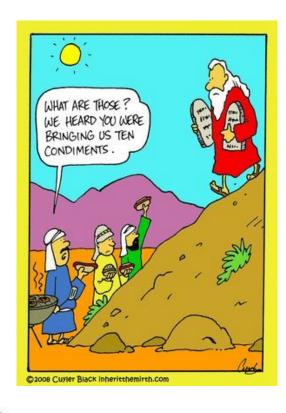
lauriekitzmiller@gmail.com

or text to (717) 497-2759



### FUNNY PAGE











# Trinity at a Glance

## April



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 April Fools Day	Lenten Gatherings 5-7pm dinner and devotion	3	4	5 Trinity Spring clean up
6 Vestry meeting	7	8	Lenten Gatherings 5-7pm dinner and devotion	10	11	12 Resurrection Garden Making 2pm
Psalm Sunday 8am and 10am services	14	15 Tax Day		17 Maundy Thursday 7pm service	18 Good Friday 10-11:30 Led Meditation 12:00 noon service w/ communion	Holy Saturday Easter Vigil 7:30pm service
Easter Sunday 8am and 10am services	21	22 Earth Day		24	25 Newsletter submission deadline	26
27	28	29	30			

# **Парру Easter**



The Lord has Risen Indeed!

https://www.youtube.com/watch?v=Qi7teIw6VOA

Hallelujah Chorus // Sung by the Parish Choir click link above