

TRINITY TIMES

Share God's Unconditional Love With Everyone.

From the desk of:

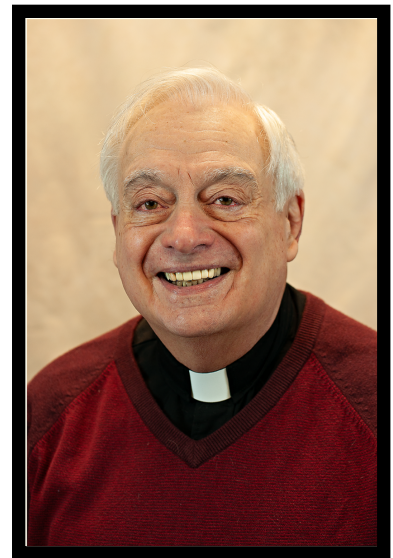
The Rev. Nick Lorenzetti

Persons With Disability Pride Month

July is Disability Pride Month, commemorating and celebrating the signing of the ADA (Americans with Disabilities Act) on July 26, 1990. Now having been in effect for 35 years, it is truly a landmark law that prohibits public discrimination against people with disabilities. This month also promotes disability culture and visibility. Disability Pride Month recognizes that disability is a natural and valuable part of human diversity and promotes inclusion and acceptance.

Celebrating this month is important because:

- It serves to raise awareness about the experiences and challenges faced by people with disabilities, including barriers to accessibility, employment discrimination, and social stigma.
- This observance works to reduce the stigma associated with disability and promote the understanding that disability is a natural and valuable part of human diversity, not something to be hidden or fixed.



- This month provides opportunities to celebrate the achievements and contributions of people with disabilities in various fields, providing inspiration and role models.
- Activity during this month serves as a platform for advocacy and policy changes to ensure equal opportunities and access for people with disabilities.
- These celebrations foster a sense of community and solidarity among people with disabilities and their allies.

Did you know that the current President of the United States made a public discriminatory statement about a disabled person whom he saw? Did you know that there was research in 2021 from a prominent national foundation done with one thousand persons who had physical and/or mental disabilities? The results showed that according to their experiences, medical personnel, social workers, government employees (such as Social Security, Welfare, Section 8 housing, etc.) overwhelmingly demonstrated impatience, rushed service and general lack of respect. In its summary statement, the foundation remarked, “Many truly feel like they are lesser persons due to their respective disabilities.” Did you know that a prominent billionaire very much in the news these days (E.M.) stated during his “service” to the country while head of the Department of Government Efficiency that the Americans with Disabilities



Shall I Compare Thee to a Summer's Day?

(Sonnet 18)

William Shakespeare

1564 – 1616

Shall I compare thee to a summer's day?
Thou art more lovely and more temperate.
Rough winds do shake the darling buds of May,
And summer's lease hath all too short a date.
Sometime too hot the eye of heaven shines,
And often is his gold complexion dimmed;
And every fair from fair sometime declines,
By chance, or nature's changing course, untrimmed;
But thy eternal summer shall not fade,
Nor lose possession of that fair thou ow'st,
Nor shall death brag thou wand'rest in his shade,
When in eternal lines to Time thou grow'st.
So long as men can breathe, or eyes can see,
So long lives this, and this gives life to thee.

I choose Shakespeare's sonnet to remind me that not all about summer is troublesome. By now most of you have probably come to the conclusion that I am my own person, so to speak. And in truth, that person is not particularly fond of summer. I strongly dislike the heat, the mosquitoes, all the bugs, the bear that continuously robs my bird feeder, the trash that smells more profusely in the heat, and the electric bills. I also strongly dislike sweating. Thus, you just may, just saying as a possibility, hear me speak sometime this summer about air conditioning in our church. But that is not the message I wish to share in this article.

There are many who love summer with a passion. They talk about it all winter-long and in early spring. Their spirits are lifted by the brightness of the sun, longer days, easier travel, the visits to our state parks, and the opportunity to be once again amazed by the beauty of the lakes, the mountains, and the flowers. I get that; I really do. And therein lies a message, I believe, for me. It may be subtle, but it is there. Simply put, we all have different perspectives, preferences, likes and dislikes as the individuals we each are.

I wish to quote parishioner Laurie Kitzmiller in her response to my asking her "OK" to submitting more than one article to this newsletter. In part, she said: "Just be you!" Thanks Laurie. That's what prompted this missive. Just be you! I think that's a great message for all of us who enjoy some of the four seasons more than others. It's the Gospel message also. It is the message of those who have fought, struggled, and died in their never-ending attempts to be recognized as human beings, having dignity and pride. And, there are multitudes who still do. I think we at Trinity are aware of this important dimension of our living a genuine Christian life.

Within the numerous times I have struggled to keep my identity, to be who I am and how God made me, to fight the expectation and even the demand that I march to the tune of someone else's drums, I have found great consolation in the following verses, which I offer for your consideration.

Still I Rise

BY MAYA ANGELOU

You may write me down in history
With your bitter, twisted lies,
You may trod me in the very dirt
But still, like dust, I'll rise.

Does my sassiness upset you?
Why are you beset with gloom?
'Cause I walk like I've got oil wells
Pumping in my living room.

Just like moons and like suns,
With the certainty of tides,
Just like hopes springing high,
Still I'll rise.

Did you want to see me broken?
Bowed head and lowered eyes?
Shoulders falling down like teardrops,
Weakened by my soulful cries?

Does my haughtiness offend you?
Don't you take it awful hard
'Cause I laugh like I've got gold mines
Diggin' in my own backyard.

You may shoot me with your words,
You may cut me with your eyes,
You may kill me with your hatefulness,
But still, like air, I'll rise.

Does my sexiness upset you?
Does it come as a surprise
That I dance like I've got diamonds
At the meeting of my thighs?

Out of the huts of history's shame
I rise
Up from a past that's rooted in pain
I rise
I'm a black ocean, leaping and wide,
Welling and swelling I bear in the tide.

Leaving behind nights of terror and fear
I rise
Into a daybreak that's wondrously clear
I rise
Bringing the gifts that my ancestors gave,
I am the dream and the hope of the slave.
I rise
I rise
I rise.

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Happy Summer! Happy Everything!

Fr. Nick

From Our Senior Warden



From Nancy Tkacs, Senior Warden

Dear Trinity Members:

The Mission of St. Clare's Daily Prayer and Meditation (on Facebook) recently shared this from Bishop Steven Charleston:

"One way to describe our mission is to say that we are connectors. We connect people to other people. We connect them to different ideas. We connect hearts and visions and hopes. We connect dreams to reality. Ultimately, we connect to Spirit who connects us to forever."

I love the idea of connection as the church's mission. I feel very connected to many of the Trinity members through conversations with you at coffee hour, singing with you in the choir, Lenten Wednesday dinners and devotions, my trip to the Provincial Youth Event with Hannah and Riley, and numerous workdays. We have also connected with sibling parishes – our neighbors at Christ Church Stroudsburg and our sibling parish of St. Luke's Mechanicsburg, currently in the Diocese of Central Pennsylvania, which will become part of our future shared Diocese of the Susquehanna.

Here is my short "wish list" of connecting activities we can try at Trinity:

Have an intergenerational game night – invite Christ Church members to join us for pizza, sodas, and games

Attend as a group, local interfaith events and vigils focused on issues we care about

Host monthly potluck suppers for our friends and neighbors

Extend hospitality to our sister parishes: Christ Church Stroudsburg, St Luke's Mechanicsburg

Connect during coffee hour to discuss the St Luke's Newsletter that we receive by email – what can we learn about their parish life? Do they have activities that we might also enjoy?

Plan a summer field trip to explore the cultural diversity of northeastern Pennsylvania: Carpool to the Museum of Indian Culture in Allentown and walk the Lenape Trail.

Please share your thoughts on how you would like to see us connect with one another at Trinity, with others in our diocese, and within our local community. July and August may be particularly good months to try something new to connect with one another and with our neighbors!

Stay cool and peaceful in these warm days and months,

Nancy

Reflections

by Michael Goodwin



There is so much bad stuff happening these days it just about makes your head spin. Little boys and girls all over the world starving to death or in great pain due to war wounds and injuries. Nations warring against nations, people murdering each other, someone dying of cancer, I could go on and on.

In his book "Searching for Darwin's God" Dr Miller, writes:- "Why **do** bad things happen to good people? – where is God in such situations?" ; this surely is one of humanity's most profound and challenging questions.

First of all, it's worth noting that even our concept of "good people" is complex from a theological perspective. What exactly do we mean by "good people". The Bible suggests that by divine standards, human goodness is relative - we all fall short of perfect righteousness. However, this doesn't lessen the very real pain and confusion that are felt when seeing ordinary good people suffer. It seems to me that suffering isn't necessarily a punishment.

Rather than a loving God actively causing suffering, perhaps we live in a world where free will and natural laws operate - a world that includes both beauty and pain. This means that sometimes good people experience hardship not because they deserve it, but because they exist in this complex system.

Very often we simply have to acknowledge that life isn't fair, and that's painful. Sometimes there isn't a satisfying "why" - just the reality that we all face challenges, and we do our best to cope, grow, and support each other through them.

Sometimes, hardship fosters deep connections and empathy, shaping people into even more remarkable versions of themselves. It doesn't make pain or injustice fair, but it does remind us that even in darkness, light can emerge.

M.J.G

Stultus pro Christi causa - cuius stultus es?

From the Loft



Trinity Music Notes July/August 2025

Thank you for submitting your favorite hymns from the Blue Hymnal 1982, Green Wonder Love and Praise, and Red Lift Every Voice and Sing II (LEVAS II)!

All hymn suggestions are welcome as we strive for musical diversity sung with integrity by your choir and led by Music Minister Raymond Faussette.

Here are some informative excerpts from the Preface and Introduction to LEVAS II – the newest hymnal added to our pews:

1. What kinds of music are included?
 - a. At the outset, the Editorial Committee decided that LEVAS II would contain music drawn from the following genres:
 - b. Negro spirituals
 - c. Traditional and contemporary Gospel songs
 - d. Adapted Protestant hymns
 - e. Missionary and evangelistic hymns
 - f. Service music and mass settings in both traditional and Gospel settings
 - g. A section containing hymns for African American saints on the Church's calendar was added later
2. What sources were used?
 - a. LEVAS I
 - b. Other African American hymnals:
 - i. Lead Me, Guide Me (Roman Catholic)
 - ii. Songs of Zion (United Methodist)
 - c. Caribbean hymn sources
3. Why is an African American hymnal needed?
 - a. The history and theology of the black church are embedded in its music. The music of the black church, then, is the expression of the struggle, the pilgrimage and the joy of a people. In an age in which all members of the church are searching for a renewed sense of spirituality, it seems altogether fitting and proper to look to the music of a people whose religious folk songs are for good reason called *spirituals*. I commend to you the riches of the black musical experience, and express the hope that together we may LIFT EVERY VOICE AND SING! – The Reverend Canon Harold T. Lewis, D.D. from the LEVAS II Introduction.

May we all join enthusiastically in lifting our voices during our Sunday 10 AM services!

Disappeared Vigil

Trinity Church was well represented at the interfaith vigil for the disappeared in America.

The vigil was to call attention to the plight of immigrants who have been taken from their families and detained or deported - and, in many cases, denied their constitutional right to due process.

Our group stood along Main Street in Stroudsburg, holding signs with pictures of some of those who have disappeared. Then we walked to the new courthouse where we heard prayers and Nancy Tkacs led us in song.

It was a moving experience to come together with so many other who are concerned about the plight of immigrants, many of whom have lived and worked in this country for many years, have U.S.-born children and have become contributing members of their community.

Few would argue that we desperately need to reform our broken immigration system. But the inhumanity with which these new enforcement measures are being carried out does not, I believe, reflect the values of our country.

As Christians, I believe, it is important to speak out against these policies.

Dana Garrett,
Junior Warden



Glory to God for All Things

Cynthia Leenerts

In his Facebook updates, no matter what, our Albion, for whom we pray each Sunday, concludes, “Glory to God for all things”: visits by local friends; a chemotherapy session that left him wiped out; a view from the terrace; the Rollator that his former wife, still a friend, brought him; the padded blanket that makes his meditation chair more comfortable. Everything.

I told him how much I loved this expression and intended to make it my own as well, and he sent me a voice message, where he (sounding very tired, making many pauses) told me, “Cynthia, ‘Glory to God for all things’ were the last words of St John Chrysostom as he died of starvation after having been driven into exile. It’s a particularly Orthodox thing, where we give thanks for all things, good and bad. It’s particularly appropriate, so we give thanks for our cancer, our pain. I’m glad that it resonates with you.”

He is also practicing Visio Divina as a form of meditation (like Lectio Divina, but with visual images, which don’t have to be religious). I plan to take it up.

<https://www.pbrenewalcenter.org/blog/contemplative-prayer-the-five-steps-of-visio-divina/>

Albion, whom I’ve known for about 25 years when we were both Anglicans (for several years he has been Greek Orthodox) is living with terminal pancreatic cancer in a home in Granada, Spain, near the village of Albondón, where he retired after a career as a journalist. A handful of years ago, at the request of our mutual friend Trevor, who was in end-stage colon cancer, Albion and I helped to walk him home. Our three-way IM chat (in Australia, Spain, the US) was amazing—in a few words, it covered it all, and someone was always awake. Now it’s Albion’s turn. He and I chat on IM and now, at his request, I leave voicemails with Psalms (the Coverdale translation), which he knows by heart, so he can just rest and hear them again.

About his meditation chair, he writes, “I’m so excited. This morning they brought me a blanket to cover my chair so that I can sit comfortably while I meditate. It protects my bum and my back, both of which are bony as can possibly be, and sharply bang against any hard surface. So now I can meditate in peace. Glory to God for all things!”

Albion always has been a blessing. And Glory to God for all things.

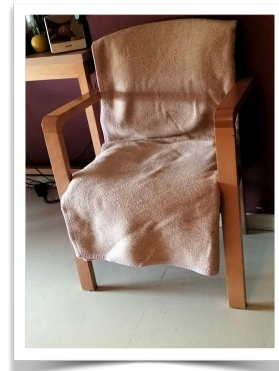


Image credit: Albion Land



NOTES FROM THE WORSHIP COMMITTEE

The Worship Committee met briefly on Sunday, June 22, following the 10:00 AM service to discuss a few upcoming changes and ideas.

To keep things a bit lighter during the summer, parts of the sung liturgy will be spoken to shorten the 10:00 service.

Looking ahead to the fall, Father Nick has invited committee members and parishioners to begin writing the Prayers of the People. This new initiative, launching in September, will allow our prayers to more closely reflect the life of our Trinity community and the world around us.

The committee is also exploring the possibility of incorporating sung Psalms into the 10:00 service.

Lastly, Father Nick suggested we consider returning to the tradition of bringing the offerings to the altar during the singing of the Doxology, following the offertory hymn—a small but meaningful way to enrich our worship experience.

Stay tuned for more updates as these ideas take shape!



Have a safe and happy summer!

Worship committee: Father Nick Lorenzetti, Jan Angelmire, Chandanie Baboolal, Louise Daileigh, Dana Garrett, Raymond Faussette, Cindy Hill, Laurie Kitzmiller

Chicken Check-in

I'm excited to report that my flock is expanding yet again!

Sadly, I lost one of my laying hens in early spring, so I'm down to 10 egg layers. But those ladies will soon be joined by 7 new chicks! (I started with 8 but one little gal didn't make it).

My new chicks include a couple of Sapphire Olive Eggers which, as the name suggests, will lay olive colored eggs!! So by fall - watch for some of those beauties to show up in the egg cartons I bring to church

The other new chicks include 2 Plymouth Barred Rocks, 2 Black Sex Links and 1 Buff Orpington. They will be joining my existing flock of 4 basic brown chickens, 3 Wyandottes, 2 Jersey Giants, 1 New Hampshire Red (and a Partridge in a Pear Tree).

Will I be stopping at 17 chickens you ask? Unlikely. I still need to add some white chickens and am interested in getting some of the more exotic chicken breeds.

As they say, "It's not hoarding if it's chickens!"

Dana Garrett
Crazy Chicken Lady





Big Shoes to Fill

It is with genuine sadness and a sense of loss for Trinity and for me personally that our beloved Laurie Kitzmiller will be moving to New Jersey in the near future. We will certainly pay attention to that event when it happens and as her future unfolds.

Laurie, Nancy and I agree that we should begin the process of turning over her newsletter ministry to whomever might be our new editor-in-chief. I know that we have tremendous talent within our membership, and so I ask if anyone is willing to take on this ministry, he/she/they speak with me as soon as possible, so that Laurie will be available to assist in the transition. The newsletter is an integral part of our community life, and Nancy and I are determined to have it continue. Thanks in advance for any serious consideration any of you might give.

Fr. Nick



Creation Care

BE THE
change
YOU WANT
TO SEE IN THE
world

Father Nick has asked the question...

ARE YOU CALLED TO LEAD US?

“Love God, Love God’s World”

Creation Care Curriculum

Love God, Love God’s World is a nine-session, film-based curriculum, ideal for Episcopalians anywhere on the journey with creation care and environmental ministry—from newcomers looking to take their first step to seasoned leaders seeking a transformative small-group experience.

Sessions have a similar structure to the popular Sacred Ground curriculum and include compelling films and readings, faith-based reflections, and discussion questions—each written by different contributors who draw from their own contexts and experiences. Participants will also discover ways to learn, pray, advocate, and conserve.

We hope everyone who participates in the curriculum becomes:

- Comfortable speaking about their faith, care of creation, and climate change
- Personally transformed and invited into different levels of personal and collective engagement on creation care and eco-justice
- Confident about where to find creation care resources and information

For more information on leading and creating a Creation

Care group click link below

<https://www.episcopalchurch.org/ministries/creation-care/love-god-love-gods-world-curriculum/>



The Kitchen Cupboard

by

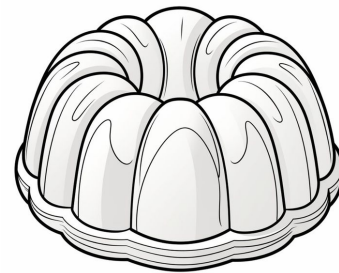
Cindy Hill

Easy Bundt Cake

Preheat oven to 350°

Ingredients

- $\frac{3}{4}$ cup white wine
- $\frac{3}{4}$ cup vegetable oil
- 4 eggs
- 1 box of vanilla pudding mix
- 1 box of yellow cake mix that calls for oil, not butter
- A pinch of nutmeg



Instructions

1. Mix ingredients together according to box mix instructions.
2. Pour batter into greased and floured Bundt pan.
3. Bake at 350° for the time stated for a Bundt pan on cake mix box.
4. Cool on baking rack for 20 minutes before removing the cake from the pan.

Note

This is very easy to make!

POPCORN & MOVIE MATINEE



Saturday, July 19, 2025

Movie 1:00

Admission \$5.00

Special Deal \$5.00 per person or \$7.00 per couple

If planning to attend, contact John Vicich

845-476-4683 or johnvicich@gmail.com

Jack Lemmon Tony Curtis Natalie Wood

“THE GREAT RACE”

**[https://www.youtube.com/watch?
v=9biklE2wA6M](https://www.youtube.com/watch?v=9biklE2wA6M)**

**Drivers: Crank your engines....with a sputter, a roar, and a pop, they're off...a 20,000 mile auto race New York to Paris! 20,000 miles, a barroom brawl, a sinking iceberg, a swashbuckling fencing duel, and 2,357 pies. An homage to all the old slapstick silent movies of yester-year... when movies were more innocent.
“Feel free to laugh”**

Coming August 9
Rosalind Russell
in
AUNTIE MAME



POPCORN & MOVIE MATINEE

Saturday, August 9, 2025

Movie 1:00

Admission \$5.00

Special Deal \$5.00 per person or \$7.00 per couple

If planning to attend, contact John Vicich

845-476-4683 or johnvicich@gmail.com

Rosalind Russell

“AUNTIE MAME”

[https://www.youtube.com/watch?](https://www.youtube.com/watch?v=2gsRMtl70aQ&t=52s)

[v=2gsRMtl70aQ&t=52s](https://www.youtube.com/watch?v=2gsRMtl70aQ&t=52s)

**The craziest, weirdest, zaniest one-of-a-kind aunt.....adored by her nephew...
Her philosophy of life: “Life is a banquet and most poor suckers are starving to death”**

Coming in September

Rock Hudson Gina Lollobrigida

Sandra Dee Bobby Darin

“COME SEPTEMBER”



Poetry Corner

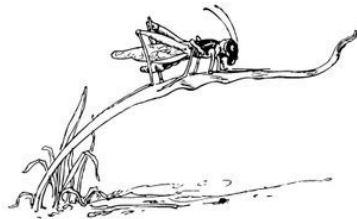


On the Grasshopper and Cricket

by John Keats

The poetry of earth is never dead:
When all the birds are faint with the hot sun,
And hide in cooling trees, a voice will run
From hedge to hedge about the new-mown mead;
That is the Grasshopper's--he takes the lead
In summer luxury,--he has never done
With his delights; for when tired out with fun
He rests at ease beneath some pleasant weed.

The poetry of earth is ceasing never:
On a lone winter evening, when the frost
Has wrought a silence, from the stove there shrills
The Cricket's song, in warmth increasing ever,
And seems to one in drowsiness half lost,
The Grasshopper's among some grassy hills.



@AuthorKATremblay



Trinity at a Glance JULY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Independence Day	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27 Parish Picnic The Roof following 10:00 service	28	29	30	31		

SAVE THE DATE

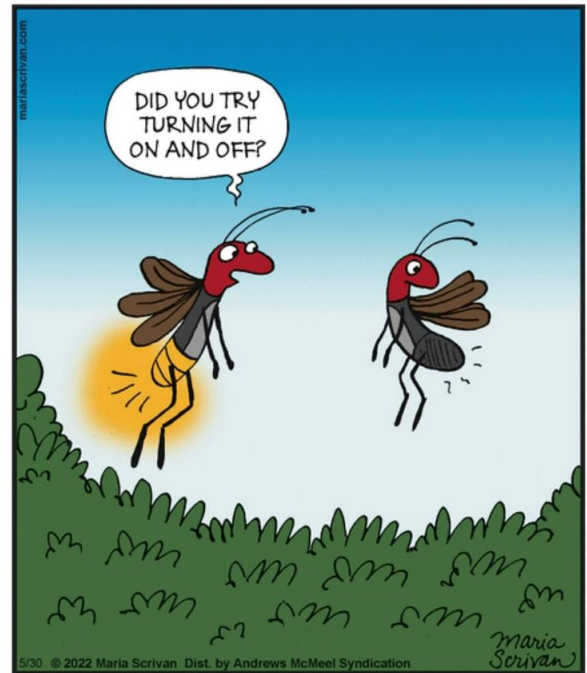
September 7 - Welcome Back Sunday

September 21 - Bishop Kevin's visit

October 11 - Austin Fagrell and Victoria Press wedding

October 17-18 Joint Convention of the Dioceses of Bethlehem and Central Pennsylvania, Scranton

FUNNY PAGE



HAPPY INDEPENDENCE DAY!



CLICK PICTURE ABOVE

Speakers Up!

GOD BLESS AMERICA