

Share God's Unconditional Love With Everyone

From the desk of:

The Rev. Nick Lorenzetti

This is to be, without doubt, a stream of consciousness type article. There is so much to write about, so much that has gone on with more to come, that I could fill up the pages of our October newsletter all by myself. So, here goes.



The success of September's Welcome Back Sunday, Bishop Audrey's visit, Bishop Kevin's visit accompanied by Deacon Wil's ordination, and the Arts on the Mountains art show not only inspired and lifted the spirits of those who participated, but additionally of those who watched some of these events on social media. In terms of news in the Poconos and in the Dioceses of Bethlehem and Central Pennsylvania, Trinity has been very noticeable on the proverbial radar screen. I feel so very blessed to have been a part of it all.

Looking into the month of October, events worth recognizing include the blessing of animals on the Feast of St. Francis of Assisi (October 4), Canon Ginny's series on "Jesus as the Wisdom Teacher," [begins October 1], our evening to gather in celebration of Spanish Heritage Month (Oct. 8), the wedding of Austin and Victoria, the Baptism of Delaney O'Brien Sheats, and our participation in the Halloween Trunk n' Treat in the Christ Church parking lot in Stroudsburg. Being a relatively small congregation, we nonetheless sure know how to stay busy.

Also in October will be the kick-off of our Stewardship Campaign, coordinated this year by parishioner Dan Harris. As you are aware, this perennial campaign lies at the center of our hoped-for goal to fund a successful 2026 at Trinity. There is, I believe, a sort of "holy tension" during this time each year, partly because decisions that have to be made by each of our households about the support of their church, especially in the midst of living in a country where tariffs, inflation, and the like, lay in the forefront of our

consciousness. I have been asked by the Stewardship Committee to have stewardship as the "topic" of my October 12 sermon.

Most of you already know about what I am now going to write, but for those who did not hear me speak about this on Sunday, September 28, I believe it bears repeating. I and the vestry recognize that not everyone in our church family agrees that our church needs to be air-conditioned. And that's okay. Open dialogue and communication are essential to a healthy congregation. We should celebrate that we can feel comfortable sharing our thoughts, perceptions, and ideas, knowing that our love and care for each other will not be diminished by our doing so. Without going through the whole process of decisionmaking that preceded the unanimous vestry vote to obtain monies from the diocese to fund this project, permit me to share that it is a good thing that our church building will be able to provide a cooler environment, especially on days when the humidity becomes oppressive. And there are additional, important, benefits from this decision -- especially protection from mold, and keeping our newly rebuilt grand piano in good working order. On behalf of all of us, I wish to thank those who, to this date, have helped repay the \$25,000 needed for this project. As of the end of September, some \$6,000 has been donated toward this end. Please, please, please note, especially in advance of our stewardship campaign, that at no time has the vestry asked for monies from anyone for the air-conditioning, nor will we. While there is a financial obligation to be met in this regard, in no way should it nor can we afford for it, to compromise our pledging for the 2026 fiscal year. As always, you are free and encouraged to chat with any vestry member or me about this matter.

Finally, come October 26th, I will have been with you as your priest for one year. And for me, it has been a time of great blessing and growth. You have welcomed me with open hearts and arms, and continue to do so. You have been forthcoming and honest about what you like and what you don't like as much about our life as a faith community. And God willing, we will continue to move forward together, eyes focused always on our center in Jesus Christ, and the strength which we continue to receive from the many gifts of the Holy Spirit. We have accomplished much together this year, but my thoughts are that going through a list of all that we have done, and done well, sounds too much like braggadocio. Let us, then, move forward praying for each other, caring for each other, lifting up with encouragement those among us who may be hurting in whatever way, and valuing the gifts of each person in our church family. But most importantly, let us move forward respecting the dignity and value of each human being, taking better care of our planet, welcoming the stranger, and sharing the gift of love that God has generously poured out on each of us.

Oh, don't forget to put our Christmas party, December 13, on your calendars! Your brother and servant in Christ,

Nick+

The Wisdom of Jesus: Meeting Announcement

Gathering in the parish hall at 6:30 PM on Wednesday evenings in October and November, we will seek to learn more about the man from Nazareth. Using the meditations from the Center for Action and Contemplation for the week of August 3-9 as our guide, we will hope to deepen our understanding of Jesus in his time and place. As we do this, we will also reflect on how his wisdom might impact the way we live in the 21st century. If you are interested in participating or in learning more, please contact Ginny Day at grexday@msn.com. If email does not work for you, her cell is 570-620-6858. And, of course, there will be a sign-up sheet in the parish hall. Participants do not have to be part of our Trinity family, so please feel free to invite friends who may be interested in this work.

Light the Flame, Ring the Bell

A Stewardship Invitation from Trinity Episcopal Church



Trinity Stewardship 2025: Opening Our Hearts to Purpose: Light the Flame, Ring the Bell

Dear Trinity Family,

As the leaves turn and the air grows crisp, October invites us to reflect, not only on the changing season but on the enduring call of purpose. In the quiet of early mornings, in the laughter of fellowship, and in the sacred stillness of worship, we are reminded: we belong to something greater. We are part of a living, breathing body of Christ, a community rooted in faith, growing in grace, and called to serve.

This year, as we prepare to launch our annual Stewardship Campaign in two weeks, we ask you to open your heart and mind to the question: What is your purpose within this body? What do you hope for Trinity Church, for your neighbors, for the generations to come? Stewardship is not simply about giving, it's about living generously, intentionally, and joyfully in response to God's abundant love.

Our 2025 stewardship theme is both a call to action and a celebration of hope. The theme calls us into both action and celebration: Light the Flame, Ring the Bell.

- Lighting the flame speaks to the spark of faith and generosity that lives in each of us. It's the quiet, personal commitment we make to keep our church vibrant through worship, outreach, fellowship, and love.
- Ringing the bell is our joyful response. It's a signal to the world that Trinity is alive, hopeful, and ready to serve.

Every pledge we make is like a bell rung in gratitude, in hope, and in confidence that what we build together matters.

This year, we also reflect on five guiding themes:

- Rooted in Faith, Growing in Grace Your giving is fruit from deep spiritual roots (Jeremiah 17:8).
- Fuel the Flame Stewardship fans into flame the gift of God (2 Timothy 1:6).
- Guided by Grace, Committed with Purpose Your pledge helps direct our shared journey (Proverbs 3:6).
- Open Hands, Open Hearts Giving begins with surrender (Acts 20:35).
- Building Together: One Faith, One Future Every gift is a brick in our foundation (Ephesians 2:22).

Your pledge lights the flame that warms this community and rings the bell that calls others to join us.

Let's do it together.

With gratitude,

Trinity Stewardship Team



From the Loft:

Music That Builds Community:

People are beginning to recognize that singing together promotes both personal and communal well-being during challenging times. That is one reason that several of us greatly enjoy singing in the choir! One can sing with or without instrumental accompaniment. A great source of community songs is the book "Rise Up Singing: The Group Singing Songbook", edited by Peter Blood and Annie Patterson and published in 1992. The collection includes the categories Ballads & Old Songs; Faith; Freedom; Good Times; Hard Times & Blues; Hope; Lullabies; Peace; Sacred Rounds & Chants; and many more. Perhaps Trinity should plan a family-friendly "singalong" night to learn and sing some of these together!

Church Publishing Incorporated published "Music by Heart: Paperless Songs for Evening Worship" in 2008, and Augsburg Fortress published "Singing in Community: Paperless Music for Worship" in 2017 – both of these contain wonderful, easy to learn and sing songs for singing in faith communities.

Brother Roger of the Taize community in France has written many simple songs that are sung repetitively and meditatively. These are sung with or without instrumental accompaniment. The simple themes of faith, hope, and trust in God serve as a healing balm in difficult times. The following links are to videos of some often-used songs from Taize.

Jesus Remember Me (lyrics in English)

https://www.youtube.com/watch?

v=5iAn7H2OKTw&list=PL4uLU3Nhuk2ckuE8jSSDMA3HmXaDT4Zws&index=2

Ubi Caritas (Latin: Where charity and love are found, God is there)

https://www.youtube.com/watch? v=hHkmOi5Wzgo&list=RDhHkmOi5Wzgo&start_radio=1

Nada Te Turbe (Spanish with English captions, based on a prayer of St Theresa of Avila)

https://www.youtube.com/watch? v=m3zP1oNMoOI&list=RDm3zP1oNMoOI&start_radio=1

The choir recommends: sing early and often, and come sing with us – you'll have fun making a joyful noise!

What's Going On Here? By Beth Shorten

Here it is; my second newsletter. I should have it all down pat by now right? Wrong! I'm still learning the ropes and welcome your thoughts and feedback. (Notice how I didn't say criticism...no one likes criticism, even if it's constructive.)

There is so much going on at Trinity so in addition to this monthly newsletter be sure to check out our updated Facebook page (https://www.facebook.com/TrinityMtPocono) and our new Instagram (https://www.instagram.com/trinity_episcopal_church_mt.p/) and Threads (https://www.threads.com/@trinity_episcopal_church_mt.p) pages. We don't want to hide our light under a bushel! Like and Share!

I feel so blessed to have "discovered" Trinity about a year ago. I wasn't necessarily looking for a specific denomination or preaching style, but something else that isn't tangible. Let me backtrack a little.

When I was a teen (in the last century), I was confirmed and then promptly told my mother that I would never go back to church. For me (and I suspect for my fellow confirmands) it was an uncomfortable and anxiety inducing process. I may have been a member of the church, but I didn't feel like I was a part of it.

I followed through on my word until after I graduated from college, when there was a change in clergy. I decided to give "my" church a try again and found it to be more warm and welcoming. I stayed and over the years became more active.

When my son was a toddler, I started to bring him to church. I did so NOT because I wanted him to be "churched", but so that as a shy only child, he would learn how to interact with all different types of people. His experience was completely different than mine and his confirmation (and the process) was joyful. His class of 4 are still close and they have their own special memories. (Ask me about the annual naming and blessing of the Irish soda bread.)

Looking for a place to worship in the Poconos was not easy for me. Being a stranger in an unknown place can fill a person with anxiety. I visited several churches to try and find a fit. What made Trinity that place for me? Well, as nervous as I was when I walked in, there was someone to greet me and welcome me, without (and this is important) overwhelming me. Thank you Dana Garrett. More importantly, when I came back again, the people who a met the first time greeted me by name and have always treated me as one of the family. The love and inclusivity is palpable every time I enter.

It quickly became obvious to me that Trinity was a "safe" space. One where if a mistake was made you weren't made to feel judged just loved and cared for. That's what has made Trinity home for me. And I'd guess for you too.

Thanks for making your home, mine too.

POPCORN & MOVIE MATINEE



Saturday, October 18, 2025 Movie 1:00 Admission \$5.00 Special Deal \$5.00 per person or \$7.00 per couple

If planning to attend, contact John Vicich 845-476-4683 or johnvicich@gmail.com

Dustin Hoffman Jessica Lange

"TOOTSIE"

Michael Dorsey....a talented actor, but temperamental and uncooperative....and because of his temperament, no one will hire him...but now as an unemployed actor.... he discovers a new road to success....

Coming November 15

George Segal Glenda Jackson

A TOUCH OF CLASS

Coming December 6

MOVE OVER DARLING

Doris Day James Garner

ARTS on the MOUNTAIN's Gallery Night Presents

"WINTER with Penny Ross" SAT OCT 25th, 2025

Gallery Night 6-7:30pm, Artist Talk 6:30pm

Trinity Episcopal Church Mt. Pocono's Parish Hall



Poinsettia, Pastel, 20"H x 26"W, framed 26"H x 32"W

Please mark your calendars for this next exhibit.

A free will offering is appreciated to help with light refreshments that will be served.

Please feel free to invite family and friends to attend, and introduce them to Trinity!

This exhibit shares Penny Ross professionally framed artwork in pastel and woodcuts, created in WINTER months, rather than her preferred method of creating art "en plein air" or French for "in the open air." Penny Ross as many of you know, is a long-standing parishioner of the Trinity Episcopal Church. She was one of the founders of ARTS on the MOUNTAIN, who has created and greatly contributed to our local art scene with her lifetime of producing fine art. She has exhibited her art nationwide, including in

Pennsylvania, Ohio, New York, and Texas. Penny has a Bachelor of Fine Arts, and a BS in Education, from University of Cincinnati, and a Master's of Fine Art from New York University, has won scholarships and awards, and she has pieces in permanent private and public art collections. Her work can be found in the Pocono Arts Council collection, in their "Hall of Fame," Ursinus College's Berman Museum, Harrisburg's William Penn Museum, and Scranton's Everhart Museum, to name a few. She won the Stirling and Dorothy Strauser Award for contribution to the arts and to the community from the Delaware Water Gap Celebration of the Arts (COTA).

All her life she has created art with drawings, paintings, and print making, and in various mediums, including watercolors, pastels, German Stockmar wax crayons, and Japanese Copic markers.

Penny spends her time creating art between living in East Stroudsburg, and in Foulkeways at Gwynedd-Retirement Community, Gwynedd, PA, right outside of Philadelphia. We are so glad she decided this winter to stay in the Poconos, and that her art will fill our Parish Hall again.

Penny has graciously offered again, 25% of any art sales to be donated to Trinity Episcopal Church for the Pocono Mountain Ecumenical Hunger Ministry food pantry. Show runs thru JAN 15th, 2026.

To see more samples of her work see the following links. <u>www.gamutartgallery.com</u> or <u>www.pennyrossart.com</u>, or <u>www.facebook.com/penny.ross.14</u>, <u>www.instagram.com/pDABNgRdx95k/</u>

If you want more info about ARTS on the MOUNTAIN, want to join our group, or have a referral for an artist for future exhibits, just email eb@ambrestudio.com, or call Evelyn 610-428-2484

ARTS on the MOUNTAIN's Gallery Night Presents

FRI SEPT 5, 2025 Gallery Night Update

Peter Salmon-A Retrospective: Paintings in my Heart

by Evelyn Beckman

We are happy to announce a true success at Trinity's ARTS on the MOUNTAIN Gallery Night, Friday, September 5, 2025 and ongoing exhibit thru noon, Wed, October 15, 2025, "Peter Salmon- A Retrospective: Paintings in my Heart" honoring and celebrating Peter Salmon's art and his 90th birthday. We had a huge attendance with many family, neighbors, and friends of Peter's, many visiting from out of town. Son, Nick Salmon was hoping for 90 guests and we might have succeeded with that wish. Before even the refreshments were put on the table, we had the first sale of the night, the beautiful waterfall painting, "Multnoman Falls, Oregon," which now has a new home in Berlin, MA. As of this writing, we have sold 5 paintings, and 7 books authored and illustrated by Peter Salmon.

We want to thank Nick Salmon who gave Peter's Bio talk that evening, and sponsored the refreshments from Darla's Delights Catering, and to Jan for organizing the birthday cupcakes, as well as members for refreshment serving and clean up. In case you missed the talk, a parishioner PROFILE follows.

Special thanks go to Tricia Lippert as our art contact assisting Peter, and Nick with art delivery. Most of all, I would like to thank Dana and Cindy for assisting me with installation of the exhibit, Peter Gonze for label making, and all the other members of the ARTS on the MOUNTAIN who volunteered with their efforts to make the exhibit and evening such a success for all! Again, Peter's paintings will be on view thru noon, Wed October 15, 2025. Peter Salmon is donating 40% of any sales to Trinity, with books for \$12, located on the church sign up table. If interested in making any purchases, please give checks payable to Trinity Episcopal Church to Jan at the church office, with Peter Salmon and the painting name in the memo. Here are a few photos of the event to enjoy.









Parishioner PROFILE: Peter Salmon

By Nick Salmon, delivered FRI, SEPT 5, 2026, at the ARTS on the MOUNTAIN Gallery night event.

Peter Salmon was born on September 6, 1935 in Rutland, Vermont and spent his early childhood in Dorset before moving to Yonkers, New York after the November 1940 presidential election.

His late arrival in kindergarten led to the first acknowledgment of his artistic interests with pots of paint, brushes and plenty of paper.

Once nurtured, Peter's interest in drawing took the form of elaborate drawings rather than lecture notes in high school and college.

He returned to Vermont to earn a BA at Middlebury in 1956. He met Linda, during a winter carnival in 1958, and they were married a year later before each pursuing degrees at Harvard's Graduate School of Education in 1959.

He and Linda were active in the civil rights, peace and environmental movements through Cambridge Friends Meeting, values sustained throughout their lives.

Peter studied art at Boston University in 1962, while Linda found her passion as an educator in Massachusetts, New York and Pennsylvania.

Peter's career as an artist has been shaped by his life in Vermont, New York and Pennsylvania, capturing the changing landscapes, flora and fauna in his many paintings. Much of his work is also focused on family activities of baseball, swimming, building sandcastles and more.

This show reflects his continuing support of the arts, social justice and the environment. Displaying his work at Trinity Church represents his more than 50-year connection to Trinity as a member of the congregation, service on the vestry, building committee, Arts on the Mountain, supporting the Centennial Band, member of the Choir, and many years of lay ministry.



Peter's painting of Trinity Episcopal Church, now enjoyed in the stone on the mantel of the Parish Hall.



Notes from the Senior Warden:

Happy October! As we enter this last quarter of the year, preparation for Trinity's Annual Meeting is very much on my mind. Our Treasurer, Peter Gonze, is hard at work developing an annual budget that will be presented for approval at the Meeting. Dan Harris and the Stewardship team are hard at work getting ready for the fall pledge season. Finally, the task of developing a slate of potential vestry members is looming. We will have two openings for vestry members, as Junior Warden Dana Garrett and Laurie Kitzmiller are completing 6 years of vestry service.

I am asking each church member to consider whether you are called to be nominated for membership on the vestry. We would like to have several names on the ballot when we vote during the Annual Meeting. Those eligible to serve on the vestry are members in good standing who attend worship regularly and who support the church financially. Vestry members commit to attending the monthly meetings held on the second Sunday of each month after the 10 AM service. Our vestry members also show their commitment to Trinity by their involvement in one or more regular church service activities: as ushers, choir members, altar guild members, Eucharistic ministers, hosts for coffee hour, helpers on church work days, Sunday school teachers, and more.

Vestry members are responsible for administrative and personnel decisions, for financial oversight, and for the church building and grounds. They must complete Diocesan-provided Safe Church training, and they are issued keys to the church so they can rotate the responsibility of opening and closing the church on Sundays. Most importantly, prospective vestry members will join a group that is committed to prayerfully considering how God is calling Trinity to engage in the life of our community, to mutual respect and appreciation for one another, and to valuing and exploring diverse opinions.

Fun fact: Membership in the vestry can change the course of history! On April 18, 1775, the patriot John Pulling was a vestry member of Boston's Old North Church (Officially Christ Church of Boston). In that capacity, he worked with the church's sexton, Robert Newman, to unlock and enter the church – climbing up and hanging two lanterns in the steeple. That action by the vestry member signaled Paul Revere to begin his famous ride.

Consider this excerpt from the poem "The Pleasure of Serving" by Gabriela Mistral:

All of nature is a yearning for service: The cloud serves, and the wind, and the furrow. Where there is a tree to plant, you be the one. Where there is a mistake to undo, let it be you. You be the one to remove the rock from the field, The hate from human hearts, And the difficulties from the problem. There is joy in being wise and just, But above all there is the beautiful, The immense happiness of serving. How sad the world would be if all was already done. If there was no rosebush to plant, No enterprise to undertake. Serving is not a labor just for inferior beings. God, who gives fruit and light, serves. His name could be rendered thus: He Who Serves. And he has his eyes on our hands, And he asks us at the close of day: "Did you render service today? To whom? To a tree, to your friend, to your mother?" Are you ready to change the course of Trinity's history? Please prayerfully consider this request, and speak with me or with Father Nick to learn more about serving on the vestry.

With gratitude for all you do,

Nancy Tkacs Senior Warden

A Visit from Bishop Audrey Scanlan

On September 21st, we were honored to host Bishop Audrey Scanlan of the Diocese of Central Pennsylvania! It was such a special day as the bishop confirmed Louise Daileigh and received Dave Butz, Linda Hay and Jesse O'Brien into the Episcopal Church. Though they have all been part of our Trinity Church family for some time, we are excited to officially welcome them, as received and confirmed Episcopalians, into our community!





Following the service, we enjoyed a luncheon with Bishop Audrey and her husband Glenn in our freshly painted and newly carpeted parish hall. (What timing!) A big thank you to Jan who set-up the hall and oversaw all the details of the luncheon. These things don't happen without a lot of planning and effort. Thanks also to Annie for making a delicious roasted vegetable sauce. And I was happy to turn the leftover burgers from our parish picnic into a meat sauce for our pasta bar. (So glad those sirloin burgers could serve two separate events!).





Her visit gave Bishop Audrey a chance to fill us in on the work taking place to reunify the Diocese of Central Pennsylvania and our Diocese of Bethlehem. She shared her vision for the new Diocese of the Susquehanna, explaining both the practical benefits and the exciting new possibilities that will emerge. This reunification will allow our ministries to expand and provide wonderful opportunities for us to learn from one another.



We are so grateful for Bishop Audrey's visit and her inspiring words. She and her husband both remarked about the warm welcome they received. It was a truly memorable day for our parish.

Dana Garrett Junior Warden

Reflections

By Michael Goodwin

The other day I saw a commercial on television that was concerned with financial investment. It was trying to convince the viewers that "Carl's way was the best way". It was an amusing commercial.

While "the best way" to us, often refers to what seems most logical, efficient, or beneficial from a human perspective, God's way is rooted in divine wisdom, eternal purpose, and spiritual truth.

God's way is always the best way.

God's way often begins where ours ends, such as, when all else fails - pray.

Redemption is possible - no matter how far we've fallen.

Some of us are old enough to remember Chuck Colson back in the late 1960's.

Chuck Colson was known as President Nixon's "Hatchet Man," a ruthless political operative deeply involved in the Watergate scandal. He pleaded guilty to obstruction of justice and was sentenced to seven months in Maxwell Prison in Alabama. But the turning point came before he ever stepped foot in a cell. During a conversation one evening with a friend Tom, the latter shared how his own life had been transformed by Jesus Christ. That night, Colson sat in his car, overwhelmed by emotion, and experienced what he later described as a profound spiritual awakening. "I prayed." he said, "asking Jesus to come into my life and take control."

This moment marked the beginning of a radical transformation. Colson went on to found Prison Fellowship, the largest prison ministry in the world, and became a leading voice in Christian ethics and public policy.

True purpose is found not in power, but in service, when we realize that God's way for our life truly is the best way.

Keep in Your Prayers:

Please continue to hold the following people up in your prayers: Cherie and Chuck, Hennie, Keith, Nancey, Jass, Steve, Margaret, Maria, Hayley, Deacon Barb, Vince, Dianne, Jamie, MaryAlice, Thelma, Rob, Jenny, Casey, Victoria, Evgeny, Judith, Abe, Patricia, Michael, Janet, Jennifer, Michael, Linda, Peter, Katie, Micah, Diane, Benjamin, Christopher, Tryston.

Greetings from our Sister Church: St. Luke's Episcopal, Mechanicsburg! By Nancy Tkacs

Bill and I visited Mechanicsburg on Sunday, August 24th, joining members of St. Luke's for their annual outdoor worship and parish picnic. Their members were warm and welcoming, and we had a great time. The setting was a huge and beautiful local park that was bustling with folks having picnics, parties, and several baseball games. The worship service featured eclectic music, starting with Deacon Eric Henry playing a prelude on Native American flute. Reverend Canon Kate Harrigan (Pastor Kate) led worship and a very moving special tribute to their long-term members, "G" and Ray Sampson, who will be moving away from Mechanicsburg. I could just feel the loving community vibe through the day – so similar to our own Trinity community!



After the picnic, Dee, the church administrator took us to tour their church. They have a lovely sanctuary, lovingly rebuilt after a fire. We took particular note of the colorful Sunday school rooms, and the presence of a "Little Free Library" and "Little Free Pantry" outside the church entrance. They have a comfortable hall for coffee hour and extensive kitchen downstairs. I look forward to another opportunity to get our parish members interacting this fall!



Hospitality Committee Meeting - October 5th

We have enjoyed a lot of events in the last several weeks at Trinity, which is a wonderful thing. From pig roasts to gallery openings, to two separate bishop visits - there has been a LOT going on!

These events have revealed two things. 1) We are a community that loves opportunities to be together in fellowship. 2) We are in desperate need of a Hospitality Committee so that planning these event can be divided up among a larger group of people.

Serving on the hospitality committee doesn't mean you would be tasked with helping plan every event. But it would mean taking a leadership, or co-leadership, role in the events that you would most like to be a part of. This would include making sure there are people who can participate in set-up, clean-up, cooking or other tasks.



What I have always loved about our community is that people often don't need to be asked to help out while an event is happening. But more organization on the front-end of these events, means a smoother operation day-of.

We will be having our first meeting on Sunday October 5th following the 10a service. Please join us if you would like to be involved!

Dana Garrett Junior Warden

Kitchen Cupboard By Cindy Hill



GRAVY FROM CANNED BROTH

2 cans of broth

1/2 stick of butter

 $1/4 \ \text{cup} \ \text{of flour}$

1 teaspoon of thyme

Melt butter, add flour, and mix until thickened.

Add broth and thyme.

Reduce as needed.

Can add bouillon as needed.

For A Giggle (or at least a smile):



