



From the Priest-in-Charge

Dear Friends:

It is September and the Church is gearing up for its Fall programming. Summer seemed to fly by very quickly. With the start-up of programs come requests for people to fill the spots that are needed to successfully accomplish our goals. We at church seem to have a hard time saying a very simple word. The word is no. No seems to be a difficult word for many people to say. There are reasons for this. "I just can't say no, it's for the Church". Or, "I can't say no, because I might hurt so and so's feelings." "I can't say no because no one else said yes." And the list goes on.

There is also the person who says yes and really means no. This type of answer can be very exasperating to the person asking for volunteers. When we do say yes to something, we need to follow through.

There is a sense of stewardship in being able to say no. Many of us say yes to more than we can handle. When we do this, we run the risk of "burn-out". We can overextend ourselves and in doing so we deplete our energy and joy. Learning when and how to say no can be a way of being a good steward of and for ourselves.

You can tell a person no, by pointing out that although you think the ministry in question is a good one, it is not a good fit for you. You can also say no, not at this time, leaving the door open saying yes at a later date. You can say no because your time commitment is already stretched thin,

I am not advocating that suddenly we all start saying no when we are approached to be a part of a ministry. I think that if the particular ministry is one that we are interested in, that maybe a better answer might be, "Let me pray about it, and get back to you." Saying yes to ministry is a wonderful way to experience the Church in action, and a great way for you to meet your fellow parishioners. Saying no for the reasons that are right for you can be a way of being a better disciple, letting us be free to do those ministries that will feed us spiritually.

May we all continue in our growth as a parish and as a group that shares God's unconditional love with everyone.

Blessings,

Fr. Bob+

THANK YOU to all the 'mailmen' who contributed to the 'snail mailing' of the Newsletter.

*"Christ has no body but ours"
Theresa of Avila*

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Birthdays & Anniversaries



September Birthdays

6 Peter Salmon
7 Emma Hendricks
8 Carol Butiste
10 Lillian Waters
19 Mary Banzhof
23 Jack Dodge
25 Lexie Vicich
25 Janice Pearson
27 Lois Rothrock



September Anniversaries

17 Bill & Barb Gessner

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. *Amen*

September Calendar of Events

Sept. 4 - Trinity at Food Pantry, 8:30 a.m. - Noon
Sept. 6 - Family Fun Night, 6:00 - 8:00 p.m., Parish Hall
Sept. 8 - Sunday School Welcome Reception, 9:30 a.m., Sunday School, 9:45 a.m., Lower Level
Vestry Meeting, 11:45 a.m., Library
Sept. 9 - Trinity Crafters, 10:00 a.m. - Noon, Library
Shepherds Meeting, 11:00 a.m., Parish Hall
Worship Committee Meeting, 7:00 p.m., Library
Sept. 11, 18, 25 - Bible Study, 1:00 p.m., Library
Sept. 13 - Youth Group Teen Movie Night, 6 - 9 p.m., Parish hall
Sept. 14 - Popcorn & Movie Night, 7:00 p.m., Parish Hall
Sept. 15 - Annual Parish Meeting, 11:15 a.m., Parish Hall
Sept. 20 - Newsletter Deadline for Information
Sept. 22, 29 - Confirmation Class, 11:30 a.m., Lower Level
Youth Group Prayer Study, 6-7:30 p.m., Lower Level
Sept. 23 - Trinity Crafters, 10:00 a.m. - Noon, Library
Sept. 27 - Newsletter Mailing
Sept. 28 - Vestry Retreat, St. Mark's, Jim Thorpe
Sept. 29 - Youth Group Prayer Study, 6-7:30 p.m., Lower Level

Our Prayers have been requested for:

Mary Baker
Ed Benintende
Penny Clark
Lee Connolly
Fr. Bob & Neil Criste-Troutman
Randy Criste-Troutman
Bishop Jack & Marilyn Croneberger
Hal & LeeAnn Daniels
Victoria Forstein
Claudia McClellan
Rob McMahon
Jim Rawson
Christopher Rose

Lois Rothrock
Katrina Troutman
Donald

Heavenly Father, giver of life and health: Comfort and relieve your sick servants, and give your power of healing to those who minister to their needs, that those for whom our prayers are offered may be strengthened in their weakness and have confidence in your loving care; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*

"THE BIBLE" DVD

"The Bible" - the Mini Series shown on the History Channel,
is available to borrow on DVD.

Please see Fr. Bob

Vestry Nominees

Trinity's Annual Meeting will be held on Sunday, September 15, 2013 at 11:30 a.m.

Below are the names of those who will be voted on at the Annual Meeting to fill Vestry positions for either a 3 year term or a 1 year term:

3 year terms beginning October, 2013 through September, 2016

Becky Hendricks

Peter Salmon

Tim Vincent

1 year term beginning October, 2013 through September, 2014

Patricia Goodwin

Founders of the Church

Founders of the Church

Cyprian, Bishop of Carthage (200 – 258 CE)

Festival Day September 13.

Part I - Part 2 will continue in October's Newsletter

"No religion can survive the judgment of history unless the best minds of its time have collaborated in its construction."
T. S. Eliot, *Selected Essays 1917 – 1932*.

Cyprian and Tertullian (160 – 225 CE) were the first great writers in Latin for the western church. Cyprian may be considered the finest Christian writer in Latin until Augustine of Hippo (who converted to Christianity in 386 CE). Like Augustine, he was born into a pagan family, lived a "dissipated youth", and converted at the age of 35. Like Augustine and Luther after him, Cyprian could not conceive of how his early errors could be absolved. With baptism, he had an epiphany which washed away all of his doubts, by fully realizing the difference between matters of the flesh and matters of the divine Holy Spirit.

Cyprian and Augustine shared another career turn. Since both were very well educated and could both speak and write well, they were both made priests (presbyters) shortly after being baptized. They became bishops shortly after that. The difference between Cyprian and Augustine is that while Augustine lived in the post-Constantine world of legal Christianity, Cyprian lived in the pre-Constantine world, where the emperor in Rome was still powerful, and Christianity was generally just tolerated, like Judaism and Manichaeism. Two emperors did decree persecutions while Cyprian was bishop. The first was by Decius in 250 and the second was the more intensive one in 257 – 258. Cyprian responded quite differently to those two events. It is notable that in Pope Benedict's book on the early fathers, nothing is said about Cyprian's behavior during the earlier Decian persecution.

When the Decian persecution of bishops and officers of the church reached Carthage, Cyprian fled the city into self-imposed exile, rather than sacrifice to the emperor. My source does not say that punishment for non-compliance could have led to martyrdom (execution). In dealing with *lapsi*, Cyprian took a moderate position. While the persecution active, Cyprian, still in hiding, preferred to wait for quieter times to decide what to do about the *lapsi*, clerics and congregants who gave into the Imperial demand. Some clerics freely readmitted the lapsed clerics. But when Cyprian returned to Carthage, he insisted on an earnest repentance. Some in Carthage, such as the deacon, Felicissimus, objected to all steps to readmit the *lapsi* into the church. Cyprian deposed Felicissimus and his supporters. Cyprian commissioned a council in Carthage, which supported his position of readmitting the *lapsi* with repentance. For those who actually sacrificed to the pagan faith, repentance was withheld until last rites.

Pope Benedict describes Cyprian's positions as healthy and deeply human, for being severe but flexible. Cyprian amply demonstrated his humanistic tendencies during a plague (probably Smallpox) which struck the Mediterranean from 250 to 270 CE, and which is often referred to as Cyprian's plague. Benedict states that Cyprian urged Christians to offer brotherly assistance to pagan victims of the plague, in a time when a lay attendant could do almost as much for the sick as a physician, by feeding them and ablutions (hygiene). A cleric's spiritual comfort may even have been more effective than the medical practice of the day.

Food Pantry Information

The August numbers are as follows:

258 Families 464 Adults

268 Children

103 Seniors

835 People served

Thanks to all our helpers over this past Summer and for the continuing support of all the Churches in our neighborhood.

Lorraine Naiko

Tales from a Welsh Corgi

TALES FROM A WELSH CORGI

by Patricia Goodwin

Happy days to all, I send hello from my little red house where I have this divine, favorite spot picked out on the outdoor deck, which I have mentioned before but undoubtedly will mention again, it is just that cool a spot. I hear my parents say that summer is coming to an end. The acorns are already falling and soon the leaves will follow.



I was first brought to this home, in my 4th month of my short life. Being born in Hellertown, I was one of 10 in my litter. All of us were red apart from my one sister Poppy - she was whisked away to Canada where she became somewhat of a sensation in the puppy world, considering she was a tri-colored Corgi, unusual in our breed. My puppy family were all show dogs, granddad, mom, dad, granny and my aunts and cousins. However, my new parents decided we would just kick back and not bother trying to win any medals which suits me just fine. More time to stretch out in my favorite spot on their deck.

As for me, I came by car from there to here, yelping all the way. There was a lot for a young chap to get used to! A new home, a new name! Yes, can you believe it, on top of everything else - being away from my momma Katherine and my litter mates, I had to get used to being called Huw Morgan. Huw Morgan, what kind of a name is that? At birth I was called Bruno, which to my new parents didn't seem right, a handsome Welsh Corgi deserved a handsome Welsh name, so they chose Huw Morgan, after a Welsh movie, more about that some other time. It still brings tears to my eyes when I think about it all!

One day dad came home with this lovely wire cage, just like the one my momma, aunts and cousins slept in but I wanted no part of that cage! He didn't think to even ask me. What nerve! This started weeks of a power struggle. All of you fellow dogs (and pet owners) out there will understand that it wasn't smooth sailing, I chewed a few shoe strings, shoes, fingers and household items before this struggle subsided. Never mind that, we all know who the boss is here now. I had asserted my young self! Lunch is calling, so until we chat again, I send good wishes your way for a lovely fall. Cheerio for now, from Huw, top-dog at my place. The absolute boss of all I survey!!

Family Promise News

First, let me humbly thank everyone who pitches in with Family Promise. This is such a gratifying ministry for all involved: our families, our church, and the family of churches who share this loving task with us. I just got word that our large family has found a house and will not be with us when we host the week of September 15th to 22nd. It is likely that we will have four moms and four little ones, but we will know better closer to our week.

You may not be aware that Family Promise provides aftercare counseling for the families that have found housing to ensure that they continue to do well. Six families (18 family members) have been counseled in May and June and are stably housed and progressing nicely. It is an awesome thing to realize our little parish has had a hand in these families getting back on their feet and moving forward. Let's remember to keep them in our prayers.

Lisa and Laurie have a program available for host training. We "old timers" have seen the program, but a lot of the wonderful folks who have been such a tremendous help have never had a chance to see the video and discuss issues that have or may come up while hosting families. If any of you have thoughts on when would be a good time, please let me know. Otherwise, I will work with Father Bob and Jan to figure out a good evening or afternoon for this program. I hope to get as many of our helpers there as possible. It really is a worthwhile program, and not long at all.

Family Promise will be having a Fall Clothing Drive on Friday, October 18th. Bags of clothing can be dropped off at Faith United Methodist Church on 1160 Clause Drive in Stroudsburg between 9 AM and 6 PM. They are now accepting hard toys which are clean and in good condition.

Also in October: Family Promise week is October 20-27. Pastor Amy Banka is working on a liturgy for all the host churches in the hope that the churches will use it during the October 20th service. The purpose of this is to unify the host sites with the big Family Promise network. Laurie and Lisa are working on a workshop to be held that week for all Family Promise coordinators and any interested volunteers. Believe me, these ladies know how to make things interesting and also know how to keep things short and sweet!

I am sending out a plea for a co-coordinator at Trinity. So many of you have been such indispensable volunteers that I know there are more than a few of you that would be more than capable to do this. Help is needed with contacting helpers, inventorying supplies, keeping up with meetings (so important to keep our ministry vital) and coordinating our own volunteers. And it doesn't have to be just one person- some of the churches have 3 coordinators.

The next Family Promise meeting is at Berean Bible Fellowship Church (our newest member!) at 1028 Tara View Drive, Stroudsburg. If anyone would like to accompany me to the meeting, please let me know. You just cannot spend time with a nicer group of ladies, and you will really get to know what Family Promise is like as an organization.

Cindy Hill

Sunday School

Sunday School

On Sunday September 8, Trinity Church will begin the new Church School year with a welcome and reception for all students and their families downstairs in the Sunday School area beginning at 9:30am. Godly Play teachers and assistants will be there to explain the curriculum and I am sure that the children will be happy to offer tours of the Godly Play classroom.

We will provide light snacks and beverages for all and a free gift for every child who registers for this new year of Godly Play! Invite your friends and family to this exciting celebration!

PROXY
ANNUAL MEETING
TRINITY EPISCOPAL CHURCH
SEPTEMBER 15, 2013

I, _____ appoint

_____ OR the Clerk of the Vestry
(indicate one) to act as my proxy for all matters that may come before the annual meeting of the congregation of Trinity Episcopal Church, Mt. Pocono to be held on Sunday, September 15, 2013 and any extensions thereof.

Signed _____

Printed Name _____

Note: The Clerk of the Vestry, if designated, will vote for the candidates proposed by the nominating committee and in favor of any other matters that have been approved by the Vestry.

A 10 year old, under the tutelage of her grandmother, was becoming quite knowledgeable about the Bible. One day she floored her grandmother by asking, "Which Virgin was the mother of Jesus? The virgin Mary or the King James Virgin?"



Vestry

Jan Anglemire
Robert Ceci
Barbara Gessner
Patricia Goodwin
Daniel Harris
Susan Kennedy
Rob McMahan
Donald Scheck
Carolyn Tolley
Nigel VanGronigen

Worship Services: Sunday, Holy Eucharist 8 & 10 a.m.
Adult Education, 9:00 a.m. September - June
Sunday School, 9:45 a.m. September - June
Tuesday, Morning Prayer, 9 a.m.
Office Hours: Tuesday, Wednesday, Friday 9am – 2pm

The Rt. Rev. Paul V. Marshall, Bishop of the Diocese of Bethlehem
The Rt. Rev. John P. Croneberger, Assisting Bishop
The Rev. Robert J. Criste-Troutman, Priest-in-Charge
The Rev. Ralph C. Roth, Rector Emeritus
Carolyn Tolley, Sr. Warden
G. Thomas Parry, Jr. Warden
Virginia Parry, Organist & Choirmaster
Jan Anglemire, Parish Administrator
Carolyn Tolley, Treasurer
Deborah Gower, Clerk of the Vestry

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Unconditional Love
with Everyone!***

**[We're on the Web
trinitymtpocono.org]**