



Trinity Times News of Trinity Church

ANGELS ON MY SHOULDER

The day was March 13, 1998. I was working for Central Transport out of Bath, Pa just north of Allentown, Pa. My partner and I were traveling west on I-80 bound for Chicago, Ill. We stopped for a break in Gary, IN. A conversation with my wife, Janet, revealed that her mother, Cecelia, had passed away. I wanted to be with Janet. Upon arriving in Chicago, we learned that freight was slow and there were several trucks in front of us. At that time the dispatch office was under renovation and with nothing to do, I decided to help out. My partner, Bob Gower, and I moved a large book case away from the wall. Upon

doing so a freight envelope fell out from behind the book case. It was the paperwork for a missing loaded trailer. The load was bound for Bath, Pa, our home terminal. I retrieved the envelope and immediately called my dispatch back home who informed me to discreetly pick up the trailer and bring it home. Each freight envelope has a time listed on it at which time the load was "cut". It was the same time within minutes of Cecelia's passing. Coincidence? I don't think so. I couldn't believe my luck. Now snow was forecast for that evening and the next day as we would travel from west to east. We picked up

the loaded trailer and in the 18 hour trip, we didn't see one flake of snow. Coincidence? I was able to be home at this important time to support my wife and family. Truly an act of God.

When you really need something, ask and you'll get it. That was no coincidence.

Submitted by *Richard & Janet Orner*

A bit of humor

A Bottle of Wine

Sally was driving home from one of her business trips, in Northern Arizona, when she saw an elderly Navajo woman walking on the side of the road. As the trip was a long and quiet one, she stopped the car and asked the Navajo woman if she would like a ride. With a silent nod of thanks, the woman got into the car. Resuming the journey, Sally tried, in vain, to make a bit of small talk. The old woman just sat silently, looking intently at everything she saw, studying every little detail, until she noticed a brown bag on the seat next to Sally. "What in bag?" she asked.

Sally looked down at the brown bag and said: "It's a bottle of wine. I got it for my husband." The Navajo woman was silent for another moment or two. Then, speaking with the quiet wisdom of an elder, she said: "Good trade..."

Inside this issue:

A Story/ A bit of humor	1
Birthdays and Anniversaries/Tales from ...	2
Food Pantry News/Saint of the Month	3
Book Worm/Evangelism	4
Stewardship	5
Calendar of Events/Prayer Requests	6
Family Promise News	7

Special points of interest:

- *Soup Dinner, October 13, 5:30 p.m.*
- *Stewardship Fall Campaign Begins*
- *Children's Sunday, October 28, 10 a.m.*
- *October 28, Turn your clocks back*

Birthdays & Anniversaries October



October Birthdays

4 Mary Cole
7 Austin Dennis
17 Mary Alice Holmes
19 Neil Anglemire
21 Bob Storm
25 Stephanie Anglemire
30 Tom Salmon

October Anniversaries

10 Craig & Jan Anglemire
14 Bob & Carol Butiste
25 Tom & Virginia Parry

O God, our times are in your hand: Look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life; through Jesus Christ our Lord. *Amen*

Tales from Hound Haven submitted by Julie Beech

Mom says living with me is like living with a princess. I will not put one paw outside if the ground is wet. But I'm having such a good time. I think Mom is changing her mind.

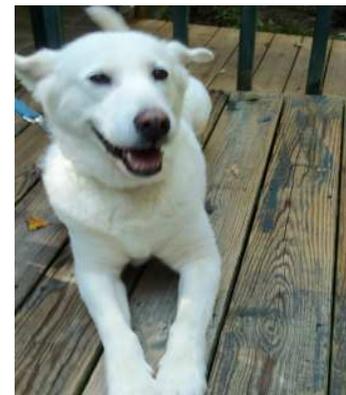
Cousin Malibu comes for play dates. We walk around the yard together very sedately, side by side. We might even lie down in the shade or sometimes sit on top of the dog house. The real play starts when we come inside. Then we run through the house and play "jump the couch". We can both clear it quite well - once over and we turn around and go over the other way. Very good exercise for us! Sometimes if Aunt Daisy is sitting on the couch, it's a little harder and a lot harder for her.

Labor Day weekend, Uncle Tom had a yard sale. We watched it from inside the fence. I was really intrigued with it - people everywhere! I staked out a nice corner spot under the forsythia bush, dug a little hole, plunked myself there and watched. I think I was out there for a good 7 hours. When Mom got me in the house for dinner, she was appalled. My white fur was now tattle-tale gray from my face to my feet. I was full of dirt. Mom called me an "angel with a dirty face". She also said as soon as Uncle Tom had time I would be getting in a bath and be all clean again. I guess having a clean happy face is good.

I notice on Sundays, Mom's face always looks happier. (I know she hasn't been bathed then because she's never wet) so

something else that happens on Sunday a.m. must be making her look this way! Anyway I'm glad I'm here. And, if Mom's happy, I'm happy and if I'm happy, Mom's happy and all's right with the world.

Crystal



Food Pantry News submitted by Richard Naiko

The Pantry, to our great dismay, is doing a thriving and brisk business. Times are still difficult and the people on the mountain are still in great need.

The 1st Wednesday of every month is Trinity's' day at the pantry. We seem to be very popular with the clients because we consistently feed over 100 families every time we are open. (the record number of families fed on a Wednesday is 170) This being said, we are still in need of volunteers and food. All nonperishable food is needed

NEEDED ITEMS.

PASTA	PEANUT BUTTER
PASTA SAUCE	JELLY
CANNED VEGGIES	MAC N CHEESE
TUNA	SOUP
CANNED MEAT	CEREAL

September numbers

Adults	493
Children	285
Seniors	108
TOTAL MEALS:	<u>10,632**</u>

**3 meals a day for 4 days

There are a number of items that we DO NOT accept.

BABY FOOD
PAPER PRODUCTS
FRESH PRODUCE
CLEANING PRODUCTS

Saint of the Month

St. Catherine of Sienna, 1347-1380

The twenty-fifth of twenty-six children, St. Catherine was born to a lower-middle class wool dyer, James Benicasa and his wife, Lapa, on March 25, 1347. James, by his example, was determined to leave his children a solid inheritance of virtue by deeply instilling in them lessons of piety.

Catherine was an extraordinary child, different from the rest. From a very young age, she spent long periods of time in prayer and often experienced visions. It appeared that this child had been favored by God with holy grace as soon as she was capable of knowing him. When she was seven, she consecrated her virginity to God.

While still very young, Catherine had a desire to withdraw from her home to imitate the lives of the fathers of the desert. But, when she was twelve, her parents were determined to prepare her for the state of marriage. They began to thwart her devotion by putting upon her all of the drudgery and humiliation of household servitude. This only prompted Catherine to seek a different kind of solitude, a quiet place in the heart where she could be alone

with God.

Finally, when his plans for his daughter failed, her father succumbed to his daughter's desire to be solely with God. In 1365, in her eighteenth year, Catherine received the habit of the third order of St. Dominic. From that time, her cell became her paradise. For three years she never spoke to anyone but God and her confessor. After that time, she went to work with the poorest and sickest people. God recompensed her charity by the evidence of many miracles, often multiplying provisions in her hands.

In 1374, a pestilence lay waste the country. Catherine devoted herself to serving the infected and obtained the cure of several, including Raymond of Capua and Bartholomew of Siena. Thousands flocked to see or hear her and many were brought over to sincere repentance by her words and example.

Catherine began traveling with her followers throughout northern and central Italy advocating the reform of the clergy and advising people that repentance and renewal could be done through "total love for God."

In 1370's she began writing letters to figures in authority, begging for

peace between the republics and the principalities. The letters are considered one of the greatest works in Tuscan literature. More than three hundred letters have survived. Roughly one third is to women.

St. Catherine died of a stroke in Rome in the spring of 1380 at the age of thirty-three. The people of Siena wished to have her body. A story is told that, knowing they could not smuggle her body out of Rome, they decided to take her head which they placed in a bag. When the Roman guards opened the bag, they found it full of rose petals. Once her followers got back to Siena, they reopened the bag and the head was again present. Because of this, St. Catherine is often seen holding a rose.

Pope Pius II canonized St. Catherine in 1461. On May 5, 1940, Pope Pius XII named her a joint patron saint of Italy, along with St. Frances Assisi.

Psalm 146: 1,2

Praise the Lord, O my soul! I will praise the Lord as long as I live; I will sing praises to my God all my life long.

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Book Worm When All Else Fails, Read the Instructions

My friend Dan Harris likens the Bible to an instruction manual for our daily lives. I recently had an experience to understand this more fully. My sister Ann's husband Gil died last winter after 5 years of a debilitating illness (but almost 60 years of a happy marriage). This past summer I drove Ann to Vermont so she could spend some time with close friends there as part of her recovery. She was visiting one of Gil's best friends, Peter Boone, and his wife Harriet. Peter had just recently been honored, along with other African-American Marines of his era, with a presidential medal for their steadfast service in the still-segregated armed services of the mid-1940's. Although I was just Ann's driver, we all ended up talking about many things that really matter and they introduced me to the work of Peter Gomes, which I think is really worth sharing with Trinity.

Gomes grew up as a Baptist in the African-American community of Plymouth, Mass, graduated from Bates College in Maine (as did the Boones), was ordained and, after an apprenticeship elsewhere, became a professor and essentially the chaplain of Harvard University. In addition to his responsibilities in presenting the weekly Sunday service at the Memorial Chapel in Harvard Yard, he was deeply involved in the spiritual and physical needs of his congregation in the

university and surrounding community. His weekly services were packed. In a strange situation for a minister, half of the week's congregation considered themselves atheists or agnostics, yet they felt a strong need to come and hear what he had to say. He considered himself a conservative Republican and was invited to speak at a Republican national convention by Ronald Reagan, but he also voted for Barack Obama. Essentially, his words were not political, but, rather, about how to live a responsible life, including a deep concern for others.

Peter Gomes died much too young, but left us several books which perpetuate his memory and, more important, his ideas. The Boones lent me one, which I'm glad to recommend: "The Good Book: Reading the Bible With Mind and Heart". I then found another: "Sermons: Biblical Wisdom for Daily Living". These are, indeed, guides to the "instruction manual" Dan was talking about. I would be happy to keep my copy of "Sermons" and read it again and again for its wisdom, but I'm even happier to be able to donate it to the Trinity Library and share it with you (and I'll know where to find it when I want it). I hope lots of you become acquainted with this wonderful book and, through it, with the wonderful man who wrote it. *Peter Salmon*

Evangelism

Five Minutes to Happiness

If you aren't a naturally happy person, take time each day to cultivate that which brings you happiness. It can be so easy to become caught up in the rigors of modern life that we tend to forget that happiness need not come with cost or stipulations. Happiness has become something we must schedule and strive for - a hard-won emotion - and even then only when we have no worries to occupy our thoughts. In reality, overwhelming joy is not the exclusive province of those with unlimited time and no troubles to speak of. Many of the happiest people on earth are also those coping with the most serious challenges. They have learned to make time for those simple yet superb pleasures that can be enjoyed quickly and easily. Cultivating a happy heart takes no more than five minutes. The resultant delight will be neither complex nor complicated, but it will be profound and will serve as a

reminder that there is always a reason to smile. So much that is spirit lifting can be accomplished in five minutes. Alone, we can enjoy an aromatic cup of our favorite tea, take a stroll through God's nature, write about the day's events in a journal, doodle while daydreaming, or breathe deeply while we listen to the silence around us. In the company of a good friend or treasured relative, we can share a few silly jokes, enjoy a dance around the room, play a hand of cards or a board game, or reconnect through lighthearted conversation. The key is to first identify what makes us dizzyingly happy. If we do only what we believe should bring us contentment, our five minutes will not be particularly satisfying. When we allow ourselves the freedom to do whatever brings us pleasure, five minutes out of our 16 wakeful hours can brighten our lives immeasurably. Even with all that Frank and I are enduring, he takes time each day to laugh, play and dance

around the house. Of course he spends much more than five minutes doing this, but it makes him feel happy and that pleases God as even laughter or a simple smile is a form of prayer. It is often when we have the least free time or energy to devote to joy that we need to unwind and enjoy ourselves the most. Making happiness a priority will help us find five minutes every day to indulge in the things that inspire elation within you. Eventually, our happiness breaks will become an established part of our routine. If we start by pursuing activities we already enjoy and then gradually think up new and different ways to fill our daily five minutes of happiness, those five minutes will grow longer and we can expand this to include and reach out to new people, and one day we will never be without something to smile about as we give thanks to God for our life.

With love and light,
Rob McMahon
Chair,
Evangelism Leadership Team

GIVING

TIME/TALENT/TREASURE

STEWARDSHIP

JUST TRY IT



When I was asked to write this article about Stewardship I struggled with where to begin because many of us readers have heard about Stewardship and tithing and for the most part we are already engaged and are doing what the Bible says, or are we? The question made me to stop and re-think my position about Stewardship. Like many of my fellow Christians, I struggle occasionally with the 10% giving especially when there is much debt left to be paid at the end of each month. After all, ten percent of my income is a decent sum of money. So, I thought that I would share a testimony of what happened to me and how it has helped me to deal the struggle, and believe me when I say this, it worked and has continue to work for me.

More than 10 years ago, when I was a lay reader at another Church in NY City, I was scheduled to read the Old Testament Scripture that morning at the 10AM Service. However, this morning's reading was different in that after I began to read, instead of reading to the congregation, I saw, and heard me reading to myself only. Each time I looked up occasionally at the congregation, I saw only me sitting in the Church. I remained calm, completed my reading and quietly returned to my seat. The profound experience remained with me from that day to the present, and part of that Scripture reading is captured in Malachi 3:10 which read "Bring ye all the tithes into the storehouse, that there may be meat in my house. And thereby put me to the test, says the Lord of hosts, if I will not open the windows of heaven for you and pour down for you a blessing until there is not room enough to receive it."

So, what did I take away from the experience? Well, I personalized the experience as a challenge to me to re-examine my personal giving of my time, talent, and treasure, and recommit to my faith in Jesus Christ and the work of his Church here on earth.

For the majority of us, we equate our treasure with our income, but our treasure is also our time, and our talents. Jesus said, "Where your treasure is, there your heart will be also" (Matthew 6:21) your treasure is whatever is most important to you. It may be a job, investment, house, car, spouse or even children. Regardless of your particular passion, your treasure is what you think about, what you go after, and what you desire. In short, it's where your heart is.

As Christians, God wants us to treasure him, but hold our TIME, TALENTS, and TREASURE with open hands and then remain open to the possibilities of what might be. 2 Corinthians 9:7 says Each one must give, as he has decided in his heart, not reluctantly or under compulsion, for God loves a cheerful giver. The question is to give what? The answer is to give your TIME, TALENT, and or your TREASURE. My Brothers and Sisters in Christ to 'GIVE' is inherently interwoven into the fabric of what it means to be a Christian. We give collectively to the Church, the body of Christ, so that it, the Church, can service the whole of God's creation on our individual behalf 24/7 365 days per year.

Now, after you have truly 'GIVEN' freely with no thought of a reward, I cite the following Scriptures below to remind us all of the pure possibilities of what can be....

Luke 6:38: Give, and it will be given to you. Good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you."

Proverbs 11:24-25: One gives freely, yet grows all the richer; another withholds what he should give, and only suffers want. Whoever brings blessing will be enriched, and one who waters will himself be watered.

James 1:17: Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change.

Acts 20:35: In all things I have shown you that by working hard in this way we must help the weak and remember the words of the Lord Jesus, how he himself said, "It is more blessed to give than to receive."

Hebrews 13:16: Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

James 4:17: So whoever knows the right thing to do and fails to do it, for him it is sin.

GIVE of your TIME, TALENT or TREASURE. You will feel fulfilled, you will experience meaning, and you will like it. I guarantee it.

Daniel Harris

Trinity Church Member

October Calendar

Oct. 5-6 - Diocesan Convention
The Church of the Good
Shepherd, Scranton

Oct. 8 - Trinity Crafters, Library
10 a.m. - Noon

Oct. 13 - Soup Night, Parish Hall
5:30 p.m.

Oct. 14 - Vestry Meeting, Library
11:45 a.m.

Oct. 19 - Newsletter Deadline for
Information

Oct. 22 - Trinity Crafters
Library 10 a.m. - Noon

Oct. 26 - Newsletter Mailing

Oct. 27 - Popcorn & Movie Night,
Parish Hall, 7:00 p.m.

Oct. 29 - Worship Committee
Library, 7:00 p.m.

Our Prayers have been requested for:



Ed Benintende
Penny Clark
Mary Baker
Victoria Forstein

Porter Caldwell
Frank Fiore
Marilyn Croneberger
Art Frawley
Alan White
Hal Daniels
LeeAnn Daniels
Christopher Rose

Heavenly Father, giver of life and health: Comfort and relieve your sick servants, and give your power of healing to those who minister to their needs, that those for whom our prayers are offered may be strengthened in their weakness and have confidence in your loving care; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen*

Parish News

Victoria Grace Leary was born to Liz and Jamie Leary on August 17, 2012. Mom and Victoria are home with Dad, and big sister Abigail and doing very well. Victoria will be Baptized here at Trinity during the 10:00 a.m. service on Sunday, October 7, 2012.



Family Promise

Good news from Family Promise! One of the moms and her two children who have been with us the past 3 cycles is now working full time and has transportation and housing. While we will miss her and her two precious children, we are happy to know that she is on her way to self-sufficiency.

The actual date for our October hosting is **October 28th to November 4th**. Many names are on our easel, but more overnights are needed. Father Bob and Neil have offered to be our backups from the rectory if any kind of emergency would arise. I make up a chore list for the overnights which include things like emptying the dishwasher in the evening and checking the dehumidifier or the thermostat in the morning, little things that keep our week running smoothly.

I want to thank all of the parishioners who always cheerfully help and make it possible for Trinity to serve this need in the community. Many hands really do make light work!

Family Promise will be having a **“Thanks for Giving” dinner dance Sunday, November 4th** (our last host day this time) from 2 PM to 5 PM at Lawnhaven at Stroudsmoor Country Inn. I was fortunate enough to win the drawing for a free ticket at our last coordinator's meeting, so you know there will be at least one familiar face if you go. It is a fund raising dinner and the tickets are \$45 per person, \$80 per couple. I have four tickets and would like to see four other Trinity folks attend. If you or someone you know would like tickets, just contact me by phone (629-4754) or email (cynthihill@yahoo.com.) It truly is a worthy cause, more so now than ever, and is one of Trinity's main ministries.

Family Promise is collecting clothes for a clothing drive. It is an ongoing collection, now that they have storage at the center on Ninth Street. Please put clothing and shoes in separate plastic bags. The **last day to collect clothes for this drive is October 25th**. Our families pull out what they need and the rest is picked up by a company that distributes used clothing. Call me if you want to send stuff, but can't get it to the center (see phone number and email above.)

Also, on **Wednesday, October 3rd, a Martinis and Manicures** night will be held at Desaki restaurant in Swiftwater at 5 PM. **Free Admission! Free Sushi! Martini Specials and \$20 Mini Manicures!** A fashion show will also be included and a cardboard playhouse fashioned by the children will be for sale to help give the gift of shelter to a family in need.

I am requesting that everyone prayerfully consider filling the empty position of Trinity's co-coordinator, which was my title when Darlene was here. The two (or more!) coordinators share arranging meals, inventorying supplies, attending monthly meetings, disseminating information about Family Promise activities and fund raisers, and keeping our mission in the minds and hearts of our congregation. Again, many hands.....

I will announce the number of family members as our week draws closer, but right now, it stands at 3 families: 4 adults and 4 children.

Cindy Hill



Vestry

Jan Anglemire
Barbara Gessner
Dan Harris
Susan Kennedy
Claudia McClellan
Rob McMahan
Don Scheck
Carolyn Tolley
Nigel VanGronigen

Worship Services: Sunday, Holy Eucharist 8 & 10 a.m.
Adult Education, 9:00 a.m. September - June
Sunday School, 9:45 a.m. September - June
Tuesday, Morning Prayer, 9 a.m.
Office Hours: Tuesday, Wednesday, Friday 9am – 2pm

The Rt. Rev. Paul V. Marshall, Bishop of the Diocese of Bethlehem
The Rt. Rev. John P. Croneberger, Assisting Bishop
The Rev. Robert J. Criste-Troutman, Priest-in-Charge
The Rev. Ralph C. Roth, Rector Emeritus
Carolyn Tolley, Sr. Warden
G. Thomas Parry, Jr. Warden
Virginia Parry, Organist & Choirmaster
Jan Anglemire, Parish Administrator
, Treasurer
Bonnie O'Brien, Clerk of the Vestry

**TRINITY EPISCOPAL
CHURCH**

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***Share God's
Unconditional Love
with Everyone!***

**[We're on the Web
trinitymtpocono.org]**